# Efficacy and safety of finerenone in patients with cancer: A FIDELITY subgroup analysis

Sreedhar A. Mandayam,<sup>1\*</sup> Biruh T. Workeneh,<sup>1</sup> Markus S. Anker,<sup>2</sup> Stefan D. Anker,<sup>2</sup> Kalliopi Keramida,<sup>3</sup> Bertram Pitt,<sup>4</sup> Peter Rossing,<sup>5</sup> Luis M. Ruilope,<sup>6</sup> Christiane Ahlers,<sup>7</sup> Meike Brinker,<sup>7</sup> Samuel Fatoba,<sup>8#</sup> Andrea Horvat-Broecker,<sup>9</sup> Peter Kolkhof,<sup>7#</sup> Gerasimos Filippatos,<sup>10\*</sup> on behalf of the FIDELIO-DKD and FIGARO-DKD Investigators

¹The University of Texas MD Anderson Cancer Center, Houston, TX, USA; ²Charité University of Michigan, Ann Arbor, MI, USA; ¹Steno Diabetes Center, Copenhagen, Denmark; ¹Institute of Research i+12, Madrid, Spain; ¹Bayer AG, Berlin, Germany; ¹Agios Savvas Hospital, Athens, Greece; ⁴University of Michigan, Ann Arbor, MI, USA; ¹Steno Diabetes Center, Copenhagen, Denmark; of Research i+12, Madrid, Spain; ¹Bayer AG, Berlin, Germany; □ <sup>8</sup>Bayer US, Whippany, NJ, USA; <sup>9</sup>Bayer AG, Wuppertal, Germany; <sup>10</sup>National and Kapodistrian University of Athens, School of Medicine, Attikon University Hospital, Athens, Greece

\*Sreedhar A. Mandayam, MD, samandayam@mdanderson.org; Gerasimos Filippatos, MD, gfilippatos@gmail.com

# 1. Background

- Globally, an estimated 12–53% of people with cancer have concurrent chronic kidney disease (CKD) at the time of diagnosis<sup>1</sup>
- Kidney function must be closely monitored to allow accurate dosing of chemotherapies<sup>1</sup>
- People with type 2 diabetes (T2D) have a 15–25% higher risk of cancer incidence and mortality compared with those without<sup>2</sup>
- The presence of CKD often leads to exclusion in clinical trials investigating cancer therapies, limiting the data available on treatment options in patients with concurrent cancer, CKD, and T2D
- In the FIDELITY pooled analysis, finerenone was associated with a reduced risk of cardiovascular (CV) and kidney outcomes compared with placebo in people with CKD and T2D<sup>3</sup>
- Albuminuria is an important indicator of kidney damage,<sup>4,5</sup> and a mediation analysis showed that 37% and 84% of the treatment effect of finerenone was attributed to the reduction in urine albumin-to-creatinine ratio (UACR) for the CV and kidney composite outcomes, respectively<sup>6</sup>
- This post hoc analysis of the FIDELITY cohort investigated the efficacy and safety of finerenone versus placebo in people with CKD and T2D according to baseline cancer status

# 2. Study design and methods

- Eligible participants<sup>3,7,8</sup>:
- Were aged ≥18 years with CKD and T2D
- Had a serum potassium level ≤4.8 mmol/L at screening
- Had either a UACR ≥30–<300 mg/g and an estimated glomerular filtration rate (eGFR) ≥25–≤90 mL/min/1.73 m<sup>2</sup>, or UACR ≥300–≤5000 mg/g and eGFR ≥25 mL/min/1.73 m<sup>2</sup>
- Were treated with the maximum tolerated dose of a renin–angiotensin system inhibitor

 Were randomly assigned to receive oral finerenone at titrated doses of 10 or 20 mg once daily or matching placebo (1:1)

 Participants were classified as having cancer at baseline if cancer was reported in their medical history within the last 6 months or cancer was ongoing at the time of informed consent

## Procedures and outcomes

- The main efficacy outcome was change from baseline in UACR across the study period
- Safety outcomes were measured by the incidence of treatment-emergent adverse events (AEs), including the incidence of hyperkalemia, hyponatremia, and acute kidney injury (AKI)
- All efficacy and safety outcomes were analyzed by baseline cancer status

### Statistical analyses

- Baseline characteristics and UACR analyses were reported for the full analysis set
- Safety analyses were performed on the safety analysis set (participants who took) ≥1 dose of study drug)
- Least-squares mean ratio to baseline in UACR across the study period was calculated using a mixed model analysis with stratification factors of treatment group, region, eGFR category at screening, type of albuminuria at screening, CV disease history, study, time, treatment\*time, baseline value nested within eGFR category at screening, baseline value\*time and treatment\*study interaction as covariates

# 3. Results

### 3.1 Baseline characteristics

- Of the 12,990 participants included in this analysis, 289 (2.2%) had cancer at baseline
- In participants with cancer at baseline, 243 (84.1%) had a T2D diagnosis before their cancer diagnosis
- Baseline characteristics, stratified by cancer status, are presented in Table 1

Table 1. Baseline characteristics stratified by cancer status

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|--|-----------------------|----------------------|---------------------------|----------------------|
|  | With cancer (n=289)   |                      | Without cancer (n=12,701) |                      |
| Characteristic at baseline                               | Finerenone<br>(n=141) | Placebo<br>(n=148)   | Finerenone<br>(n=6357)    | Placebo<br>(n=6344)  |
| Sex, male, n (%)   | 106 (75.2)            | 110 (74.3)           | 4357 (68.5)               | 4485 (70.7)          |
| Age, years, mean ± SD                                    | 70.0 ± 7.5            | 69.8 ± 7.9           | 64.6 ± 9.4                | 64.7 ± 9.7           |
| Race, n (%)  |                       |                      |                           |                      |
| Asian  | 25 (17.7)             | 33 (22.3)            | 1388 (21.8)               | 1414 (22.3)          |
| Black or African American                                | 5 (3.5)               | 9 (6.1)              | 246 (3.9)                 | 260 (4.1)            |
| White  | 110 (78.0)            | 101 (68.2)           | 4339 (68.3)               | 4319 (68.1)          |
| BMI, kg/m², mean ± SD                                    | 30.3 ± 5.8            | 30.4 ± 5.2           | 31.4 ± 6.1                | 31.3 ± 6.0           |
| Current smoker, n (%)                                    | 18 (12.8)             | 26 (17.6)            | 1041 (16.4)               | 997 (15.7)           |
| UACR, mg/g, median (Q1–Q3)                               | 493.0 (146.0–1204.6)  | 420.7 (164.3–1035.1) | 515.4 (197.9–1131.2)      | 516.7 (201.9–1165.6) |
| eGFR, mL/min/1.73 m <sup>2</sup> , mean ± SD             | 50.5 ± 18.7           | 51.3 ± 17.9          | 57.7 ± 21.6               | 57.8 ± 21.8          |
| Serum potassium, mmol/L, mean ± SD                       | 4.3 ± 0.5             | 4.4 ± 0.5            | $4.4 \pm 0.4$             | $4.4 \pm 0.4$        |
| Serum albumin, g/dL, mean ± SD                           | 4.2 ± 0.3             | 4.2 ± 0.4            | $4.2 \pm 0.3$             | 4.2 ± 0.3            |
| C-reactive protein, mg/L, mean ± SD                      | 4.4 ± 10.7            | $3.8 \pm 5.3$        | 4.9 ± 10.5                | $4.7 \pm 9.3$        |
| HbA1c, %, mean ± SD                                      | 7.4 ± 1.1             | 7.5 ± 1.3            | 7.7 ± 1.4                 | 7.7 ± 1.4            |
| History of CV disease, n (%)                             | 77 (54.6)             | 81 (54.7)            | 2896 (45.6)               | 2874 (45.3)          |
| History of hypertension, n (%)                           | 134 (95.0)            | 147 (99.3)           | 6126 (96.4)               | 6124 (96.5)          |
| History of MI, n (%)                                     | 30 (21.3)             | 22 (14.9)            | 986 (15.5)                | 982 (15.5)           |
| History of atrial fibrillation and atrial flutter, n (%) | 23 (16.3)             | 21 (14.2)            | 543 (8.5)                 | 517 (8.1)            |
| History of heart failure, n (%)                          | 15 (10.6)             | 11 (7.4)             | 470 (7.4)                 | 511 (8.1)            |
|  |                       |                      |                           |                      |

BMI, body mass index; CV, cardiovascular; eGFR, estimated glomerular filtration rate; HbA1c, glycated hemoglobin; MI, myocardial infarction; SD, standard deviation; UACR, urine albumin-to-creatinine ratio

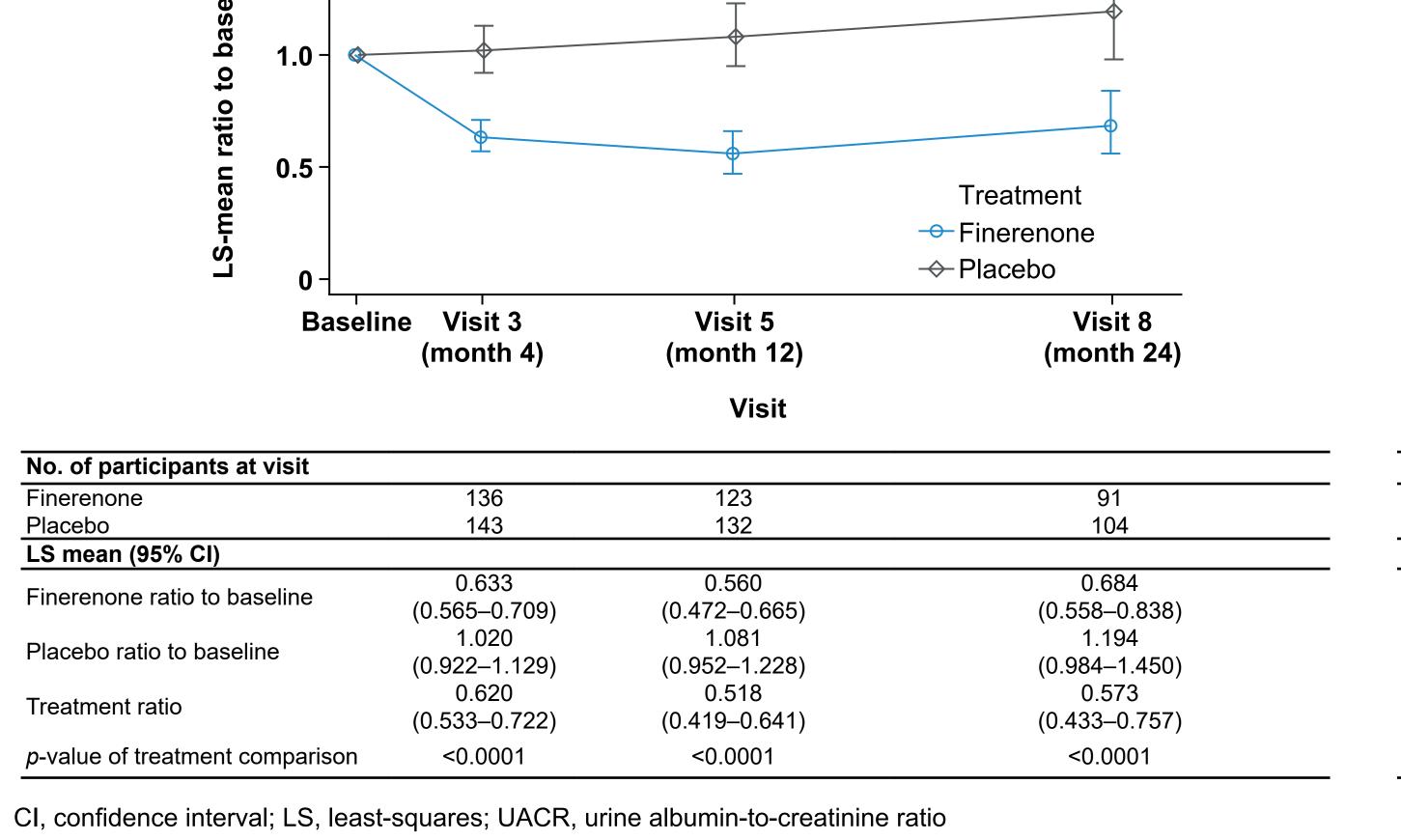
### 3.2 Efficacy outcome

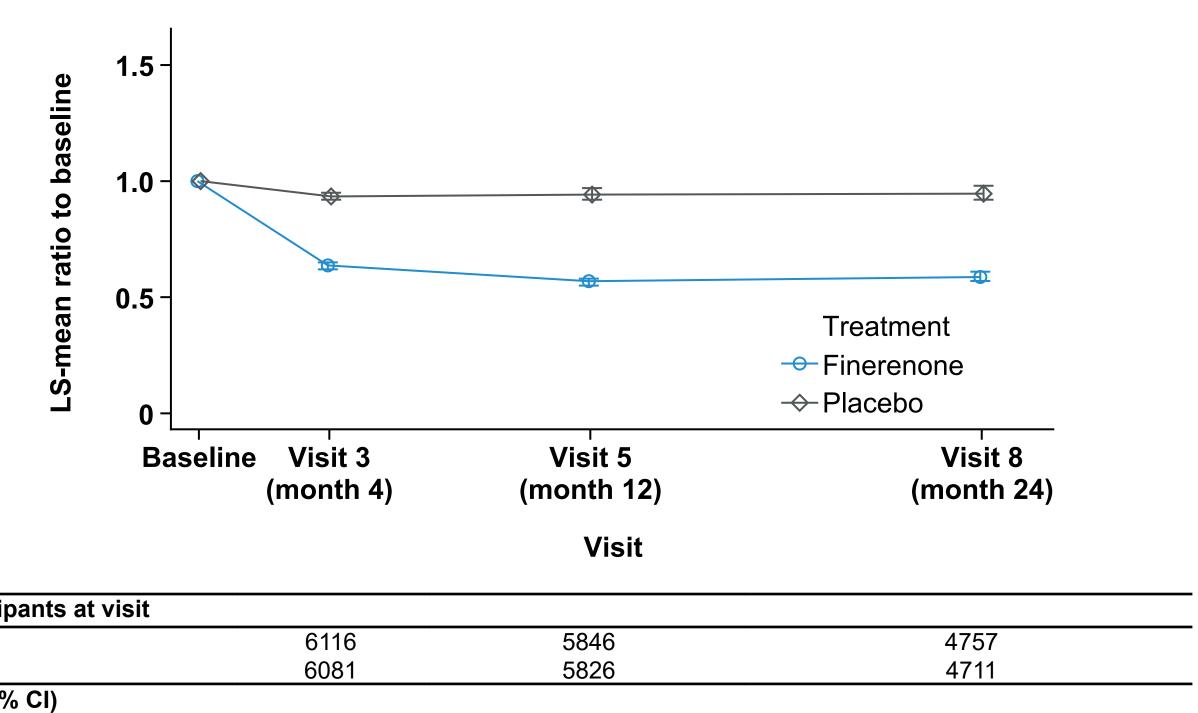
A. With cancer

- Finerenone significantly reduced UACR relative to baseline in participants with and without cancer (Figure 1)
- This effect was apparent as early as month 4 and was sustained until month 24 (p≤0.0001 at all visits)
- At month 24, the least-squares mean treatment ratio between finerenone and placebo was 0.573 (95% confidence interval [CI] 0.433–0.757) in those with cancer, and 0.620 (95% CI 0.591–0.651) in those without cancer

**B.** Without cancer

Figure 1. Change in UACR from baseline according to baseline cancer status





#### No. of participants at visit Placebo LS mean (95% CI) Finerenone ratio to base. (0.624-0.650 (0.553 - 0.585)(0.566 - 0.608)Placebo ratio to baseline (0.918 - 0.967)(0.915 - 0.978)Treatment ratio (0.581 - 0.627)(0.591 - 0.651)

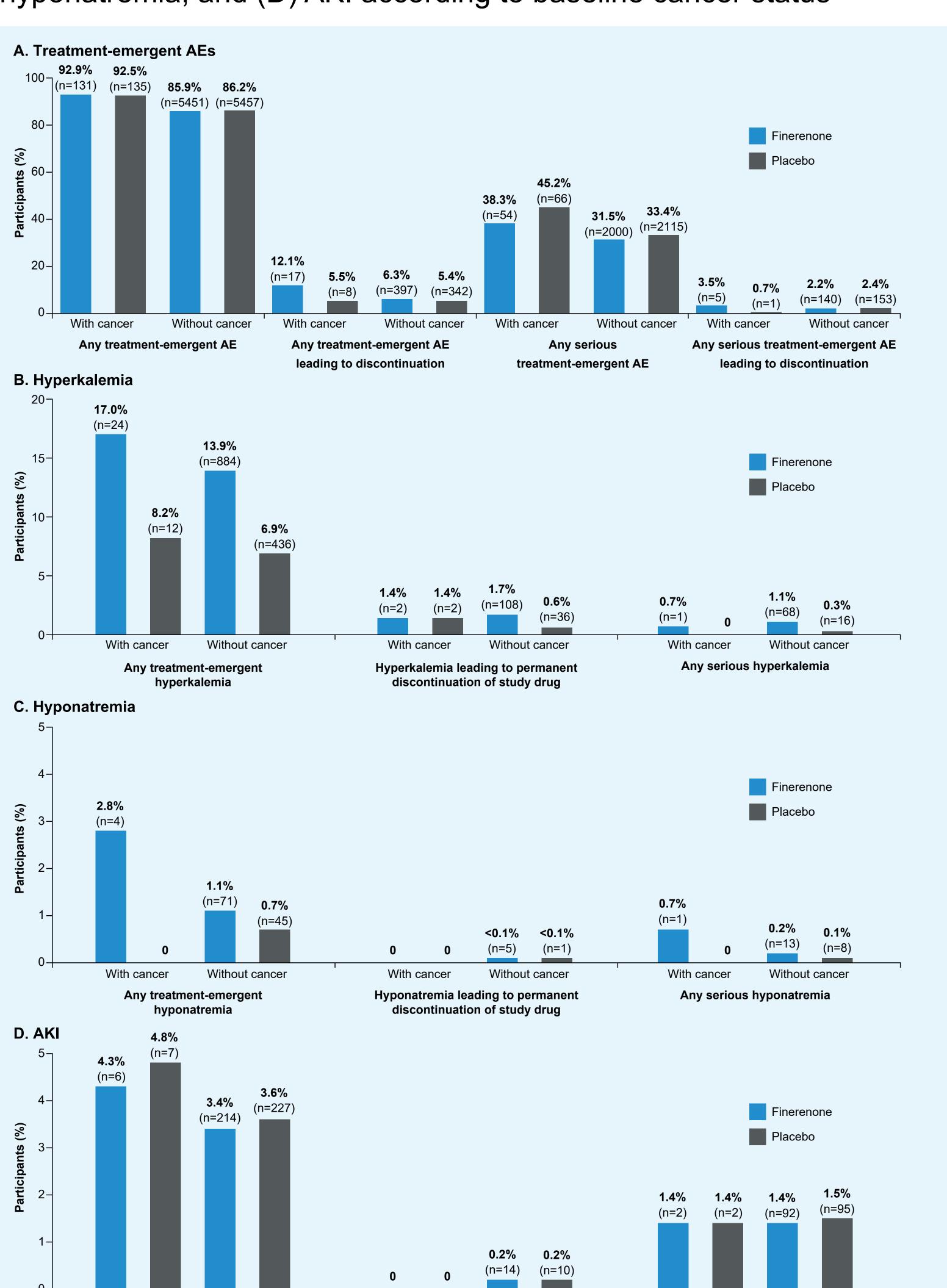
# AE, adverse event; AKI, acute kidney injury

Any treatment-emergent AKI

# 3.3 Safety outcomes

- The incidence of treatment-emergent AEs was higher in participants with cancer versus those without cancer; however, within each subgroup, the incidence rates were similar between treatment arms (Figure 2A)
- The incidence rate of AEs leading to discontinuation in participants with cancer was 12.1% if treated with finerenone versus 5.5% if treated with placebo
- The incidence of serious AEs in participants with cancer was lower in those treated with finerenone versus placebo
- Consistent with previous reports,<sup>3</sup> participants treated with finerenone had a twofold increased risk of treatment-emergent hyperkalemia compared with those treated with placebo, regardless of cancer status at baseline (Figure 2B)
- The incidence of hyperkalemia leading to permanent discontinuation or serious hyperkalemia events were low across all participants in both treatment arms
- There were no reported deaths due to hyperkalemia
- The incidence of any treatment-emergent hyponatremia event or any AKI event was low across both subgroups and treatment arms (Figures 2C and 2D)

Figure 2. Incidence rates of (A) treatment-emergent AEs, (B) hyperkalemia, (C) hyponatremia, and (D) AKI according to baseline cancer status



With cancer

Without cancer

Any serious AKI

**AKI leading to permanent** 

discontinuation of study drug

# 4. Conclusions

- This FIDELITY analysis is the first study to show the effects of the nonsteroidal mineralocorticoid receptor antagonist finerenone in patients with CKD, T2D, and cancer
- In participants with cancer treated with finerenone, there were significant sustained reductions in UACR up to month 24 compared with those treated with placebo
- The incidence rates of AEs were similar between treatment arms across both subgroups, and the incidence rates of hyponatremia, AKI, and serious hyperkalemia were low for all participants
- This suggests finerenone is effective and can be well managed in people with CKD, T2D, and cancer

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