



FEBRUARY 6-9, 2025 | NEW DELHI, INDIA

## COMBINATION EFFECT OF FINERENONE AND EMPAGLIFLOZIN IN PARTICIPANTS WITH CHRONIC KIDNEY DISEASE AND TYPE 2 DIABETES USING A UACR ENDPOINT STUDY (CONFIDENCE)—BASELINE CHARACTERISTICS

**Rajiv Agarwal, MD, MS**

*Professor Emeritus, Indiana University*

*USA*

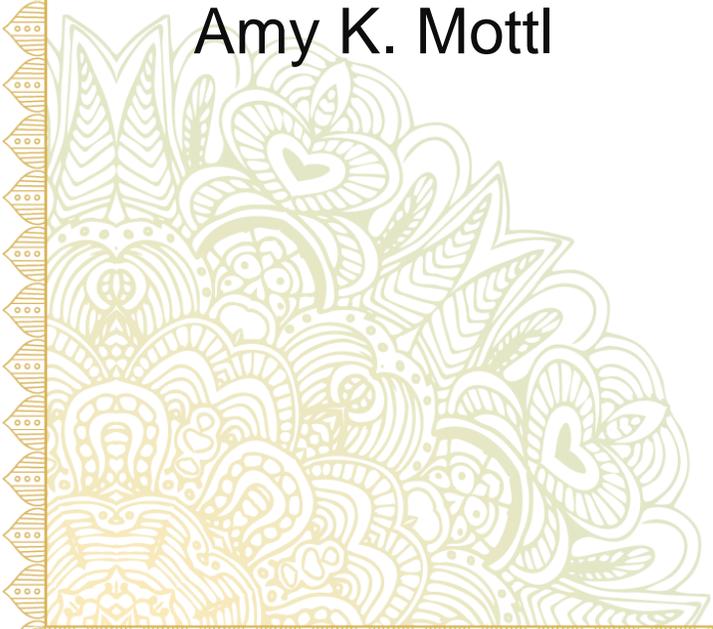


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## COAUTHORS

Jennifer B. Green  
Hiddo J. L. Heerspink  
Johannes F. E. Mann  
Janet B. McGill  
Amy K. Mottl

Julio Rosenstock  
Peter Rossing  
Muthiah Vaduganathan  
Meike Brinker  
Robert Edfors  
Na Li  
Markus F. Scheerer  
Charlie Scott  
Masaomi Nangaku



## DISCLOSURES FOR RAJIV AGARWAL

- ❧ This work was supported by Bayer AG, who funded the CONFIDENCE study
- ❧ Received personal fees and nonfinancial support from Akebia Therapeutics, Alnylam, Bayer Healthcare Pharmaceuticals, Boehringer Ingelheim, Intercept, and Novartis
- ❧ Member of data safety monitoring committees for Chinook and Vertex
- ❧ Served as an associate editor of the *American Journal of Nephrology* and *Nephrology Dialysis and Transplantation*
- ❧ Author for UpToDate
- ❧ Received research grants from the National Institutes of Health and the US Veterans Administration

# ALL AUTHOR DISCLOSURES

**JBG** has received funds for research, paid to her institution, from Bluebird, Boehringer Ingelheim, Eli Lilly, Merck, and Roche; and is a consultant for Anji, AstraZeneca, Bayer, Boehringer Ingelheim, Eli Lilly, Mineralys, Novo Nordisk, Pfizer, Valo, and Vertex. **HJLH** has received consulting fees from Alexion, AstraZeneca, Bayer, Boehringer Ingelheim, Chinook, CSL Behring, Dimerix, Eli Lilly, Gilead, Janssen, Merck, Novartis, Novo Nordisk, Roche, and Trave Therapeutics; research support from AstraZeneca, Boehringer Ingelheim, Janssen, and Novo Nordisk; honoraria from AstraZeneca and Novo Nordisk; and travel expenses from Eli Lilly. **JFEM** has received grants from McMaster University (Hamilton, Canada), Novo Nordisk, and the European Union; consulting fees from AstraZeneca, Bayer, Boehringer Ingelheim, and Novo Nordisk; honoraria from AstraZeneca, Bayer, Novartis, and Novo Nordisk; has participated on a data safety monitoring board or advisory board for AstraZeneca, Bayer, Boehringer Ingelheim, and Sanofi; and had a leadership role in the KDIGO group. **JBM** has received personal fees from Bayer, Eli Lilly, Mannkind, and Novo Nordisk; and is the principal investigator on grants to Washington University from Biomea, Diamyd, Juvenile Diabetes Research Foundation, National Institutes of Health, and Novo Nordisk. **AKM** has received research support and personal fees from Bayer, Chinook Therapeutics, and Novartis; personal fees from Novo Nordisk and Otsuka; and research support from Alexion and Boehringer Ingelheim. **JR** has received research grants from Applied Therapeutics, Biomea Fusion, Boehringer Ingelheim, Carmot, Corcept, Eli Lilly, Hanmi, Merck, Novartis, Novo Nordisk, Oramed, Regeneron, Pfizer, and Sanofi; served on scientific advisory boards and received honorarium or consulting fees from Applied Therapeutics, Biomea Fusion, Boehringer Ingelheim, Eli Lilly, Hanmi, Novo Nordisk, Oramed, Regeneron, Roche, Sanofi, Structure Therapeutics, and Zealand; and received honoraria for lectures from Boehringer Ingelheim, Eli Lilly, Novo Nordisk, and Sanofi. **PR** has received research support and personal fees from AstraZeneca and Novo Nordisk; and personal fees from Abbott, Astellas, Bayer, Boehringer Ingelheim, Eli Lilly, Gilead, Mundipharma, Sanofi, and Vifor. **MV** has received research grant support, served on advisory boards, or had speaker engagements with American Regent, Amgen, AstraZeneca, Bayer AG, Baxter Healthcare, Boehringer Ingelheim, Bristol Myers Squibb, Chiesi, Cytokinetics, Fresenius Medical Care, Idorsia Pharmaceuticals, Lexicon Pharmaceuticals, Merck, Milestone Pharmaceuticals, Novartis, Novo Nordisk, Pharmacosmos, Relypsa, Roche Diagnostics, Sanofi, and Tricog Health; and participates on clinical trial committees for studies sponsored by AstraZeneca, Bayer AG, Galmed, Impulse Dynamics, Novartis, and Occlutech. **MB** is an employee of Bayer AG, Germany. **RE** was an employee of Bayer AG, Germany at the time the study initiated. **NL** is an employee of Bayer Healthcare, China. **MFS** is an employee of Bayer AG, Germany; and a shareholder of AstraZeneca, Bayer, Eli Lilly, and Novo Nordisk. **CS** is an employee of Bayer Corp., USA. **MN** has received research grants from Astellas, Bayer, Boehringer Ingelheim, Chga, Daiichi-Sankyo, JT, Kyowa-Kirin, Takeda, Tanabe-Mitsubishi, and Torii; consulting fees from Astellas, Boehringer Ingelheim, Daiichi-Sankyo, JT, Kyowa-Kirin, and Tanabe-Mitsubishi; and honoraria from Astellas, Astra Zeneca, Boehringer Ingelheim, Chugai, Daiichi-Sankyo, GSK, Kyowa-Kirin, and Tanabe-Mitsubishi

# WCN25 INTRODUCTION



Despite available interventions, people with CKD associated with T2D remain at risk of kidney failure and cardiovascular complications

ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; CKD, chronic kidney disease; MRA, mineralocorticoid receptor antagonist; SGLT2, sodium–glucose cotransporter 2; T2D, type 2 diabetes; UACR, urinary albumin-to-creatinine ratio.

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The COMBINATIONS effect of Finerenone and Empagliflozin in participants with CKD and T2D using a UACR Endpoint study (CONFIDENCE) explored the efficacy and safety associated with simultaneous initiation of finerenone and empagliflozin therapy compared with either agent alone<sup>6</sup>

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# RATIONALE FOR USE OF FINERENONE + SGLT2 INHIBITOR COMBINATION

**Finerenone and SGLT2 inhibitors<sup>1</sup>:**  
Shared and distinct physiological effects

**Finerenone<sup>1</sup>:**  
↓ Oxidative stress, ↓ inflammation,  
↓ fibrosis, improves endothelial function

**SGLT2 inhibitor<sup>1</sup>:**  
Kidney hemodynamic effect  
→ glucosuria and natriuresis,  
↓ intraglomerular hypertension

**Complementary MoA<sup>1</sup>:**  
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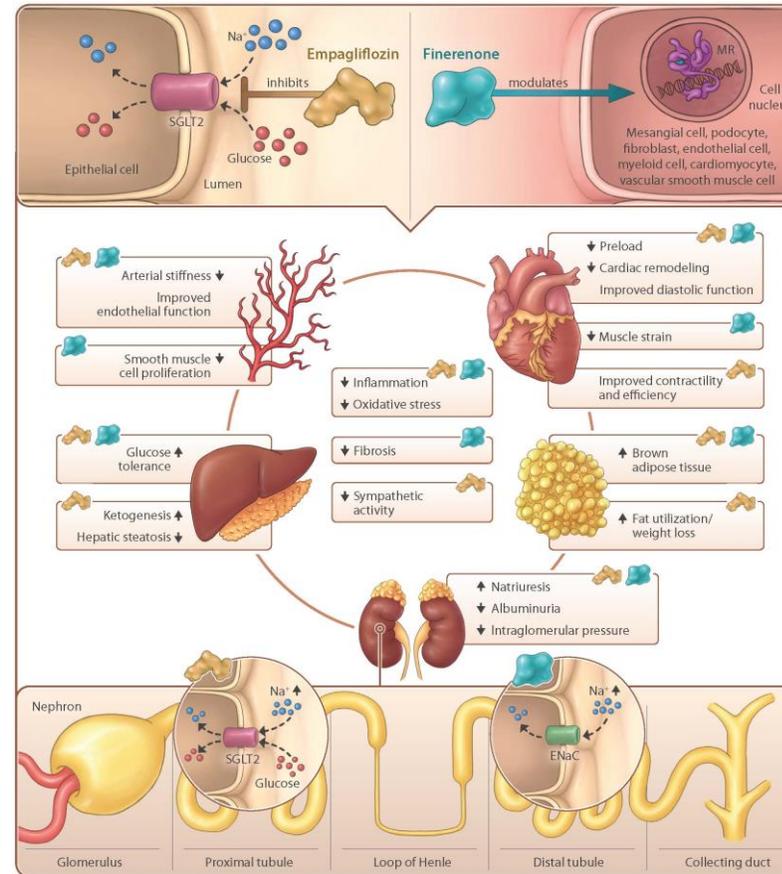
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CKD, chronic kidney disease; CVD, cardiovascular disease; ENaC, epithelial sodium channel; MoA, mechanism of action; MR, mineralocorticoid receptor; Na<sup>+</sup>, sodium; SGLT2, sodium–glucose cotransporter 2; T2D, type 2 diabetes.  
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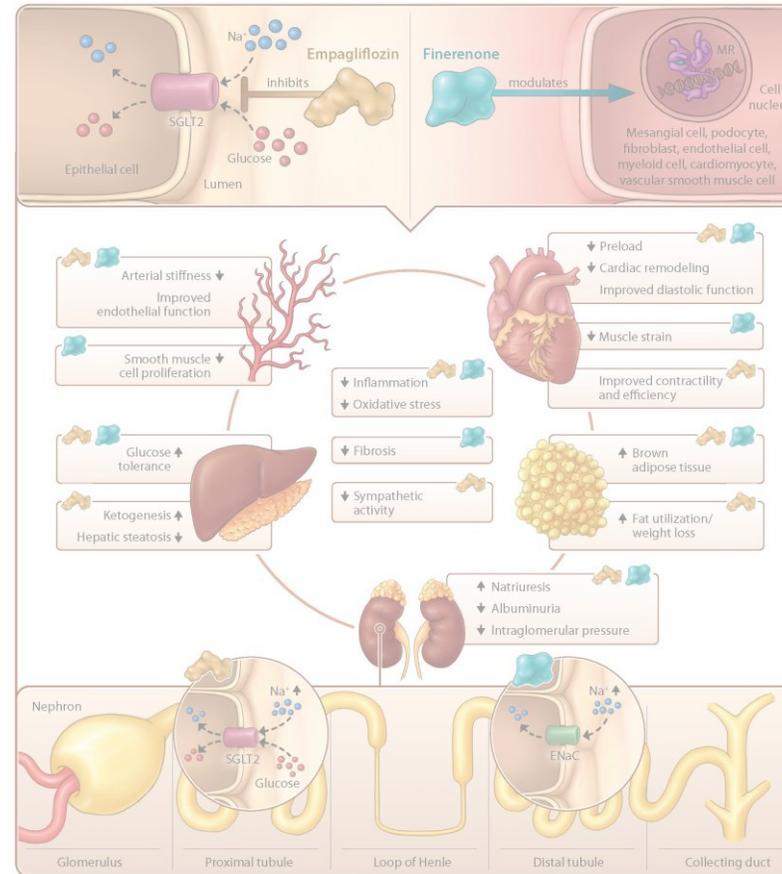
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**Post hoc analyses<sup>2</sup>:**  
 Beneficial effects of  
 finerenone appear to be  
 independent of baseline  
 SGLT2 inhibitor use

CKD, chronic kidney disease; CVD, cardiovascular disease; ENaC, epithelial sodium channel; MoA, mechanism of action; MR, mineralocorticoid receptor; Na<sup>+</sup>, sodium; SGLT2, sodium–glucose cotransporter 2; T2D, type 2 diabetes.  
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Secondary analyses of FIDELITY (a pooled analysis of the FIGARO-DKD and FIDELIO-DKD trials) suggested a potential additive effect of finerenone and SGLT2 inhibitors on kidney and CV outcomes<sup>1</sup>

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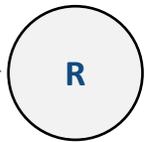
However, no trial has yet evaluated the safety and efficacy of simultaneously initiating an SGLT2 inhibitor and finerenone in people with T2D and albuminuria

**CONFIDENCE STUDY DESIGN:  
A RANDOMIZED, CONTROLLED, DOUBLE-BLIND,  
DOUBLE-DUMMY, INTERNATIONAL,  
MULTICENTER, THREE-ARMED, PARALLEL-  
GROUP, PHASE 2 STUDY**

# CONFIDENCE STUDY DESIGN

Randomized participants were stratified by eGFR and UACR at screening

Screening



**Stratification:**  
UACR, mg/g  
( $\leq 850$ ,  $> 850$ )

**Stratification:**  
eGFR,  
mL/min/1.73 m<sup>2</sup>  
( $< 60$ ,  $\geq 60$ )

<sup>†</sup>Participants with an eGFR of 40–90 mL/min/1.73 m<sup>2</sup> were recruited (Part A) prior to recruiting participants with an eGFR of 30–90 mL/min/1.73 m<sup>2</sup> (Part B). The number of participants will be capped in parts A and B as follows: <80% with an eGFR of  $\leq 75$  mL/min/1.73 m<sup>2</sup> and <20% with an eGFR of  $> 75$  mL/min/1.73 m<sup>2</sup>. Up/down titration based on eGFR, serum/plasma potassium or potassium, safety, and tolerability. ABPM, ambulatory blood pressure monitoring; eGFR, estimated glomerular filtration rate; R, randomization; UACR, urinary albumin-to-creatinine ratio. Green JB, et al. *Nephrol Dial Transplant*. 2023;38:894–903. This figure is adapted from Green JB, et al. under the terms of the Creative Commons Attribution-Non-Commercial License (<https://creativecommons.org/licenses/by-nc/4.0/>). CONFIDENCE: NCT05254002; EudraCT 2021-003037-11.

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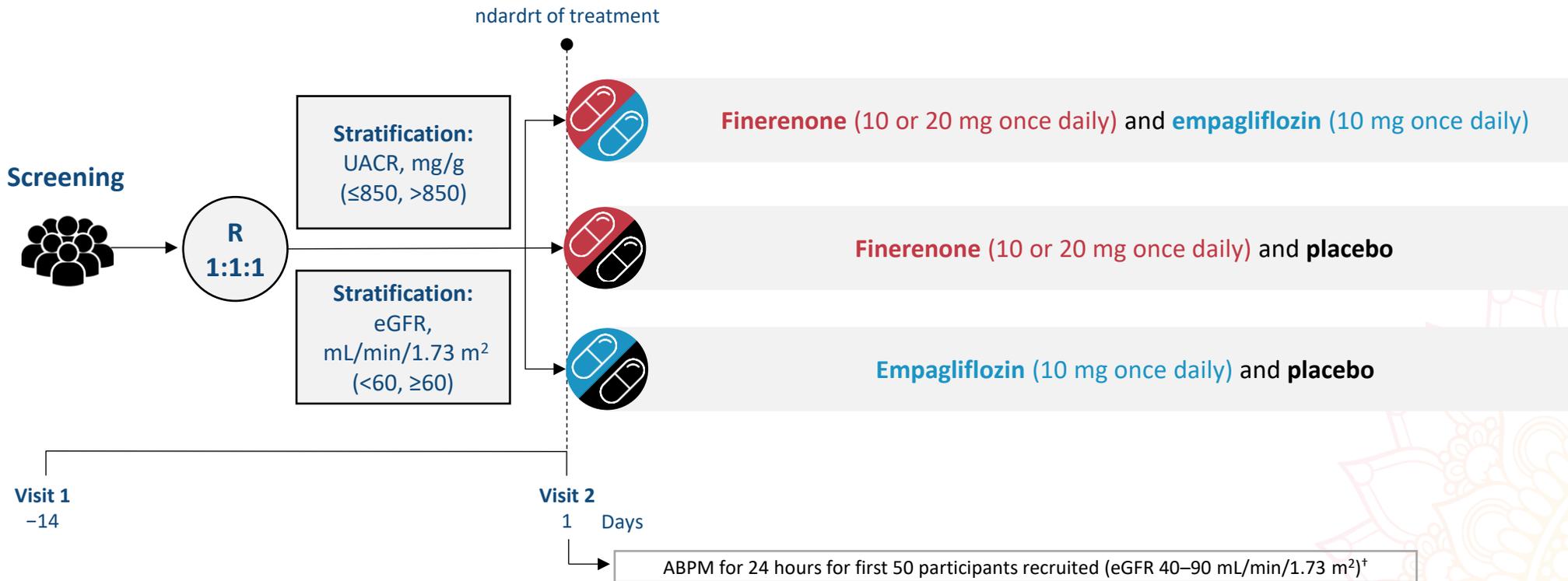
Participants were randomized in a 1:1:1 ratio to one of three parallel groups



\*Participants with an eGFR of 40–90 mL/min/1.73 m<sup>2</sup> were recruited (Part A) prior to recruiting participants with an eGFR of 30–90 mL/min/1.73 m<sup>2</sup> (Part B). The number of participants will be capped in parts A and B as follows: <80% with an eGFR of  $\leq 75$  mL/min/1.73 m<sup>2</sup> and <20% with an eGFR of  $> 75$  mL/min/1.73 m<sup>2</sup>. Up/down titration based on eGFR, serum/plasma potassium or potassium, safety, and tolerability. ABPM, ambulatory blood pressure monitoring; eGFR, estimated glomerular filtration rate; R, randomization; UACR, urinary albumin-to-creatinine ratio. Green JB, et al. *Nephrol Dial Transplant*. 2023;38:894–903. This figure is adapted from Green JB, et al. under the terms of the Creative Commons Attribution-Non-Commercial License (<https://creativecommons.org/licenses/by-nc/4.0/>). CONFIDENCE: NCT05254002; EudraCT 2021-003037-11.

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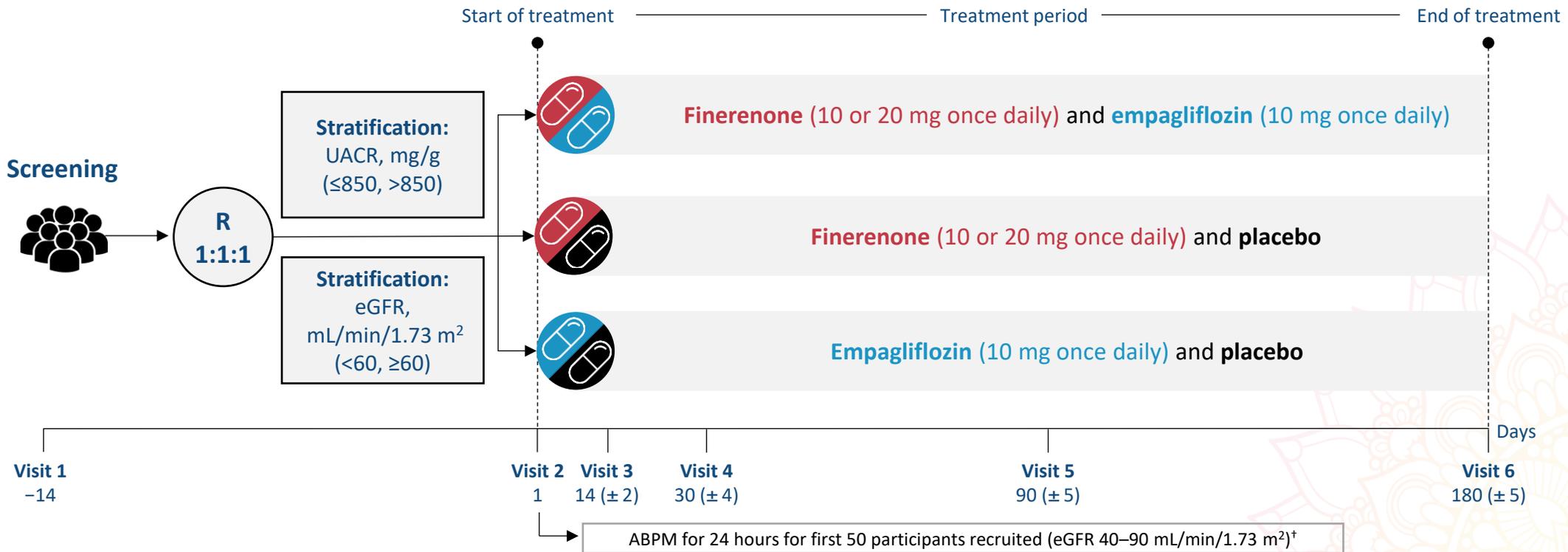
CONFIDENCE comprised two consecutive parts. In Part A, participants with an eGFR of 40–90 mL/min/1.73 m<sup>2</sup> were enrolled and underwent ABPM for 24 hours after administration of their first study drug dose on Day 1. A decision to extend enrolment to participants with an eGFR as low as 30 mL/min/1.73 m<sup>2</sup> (Part B) was made following analysis of safety findings for the participants in Part A



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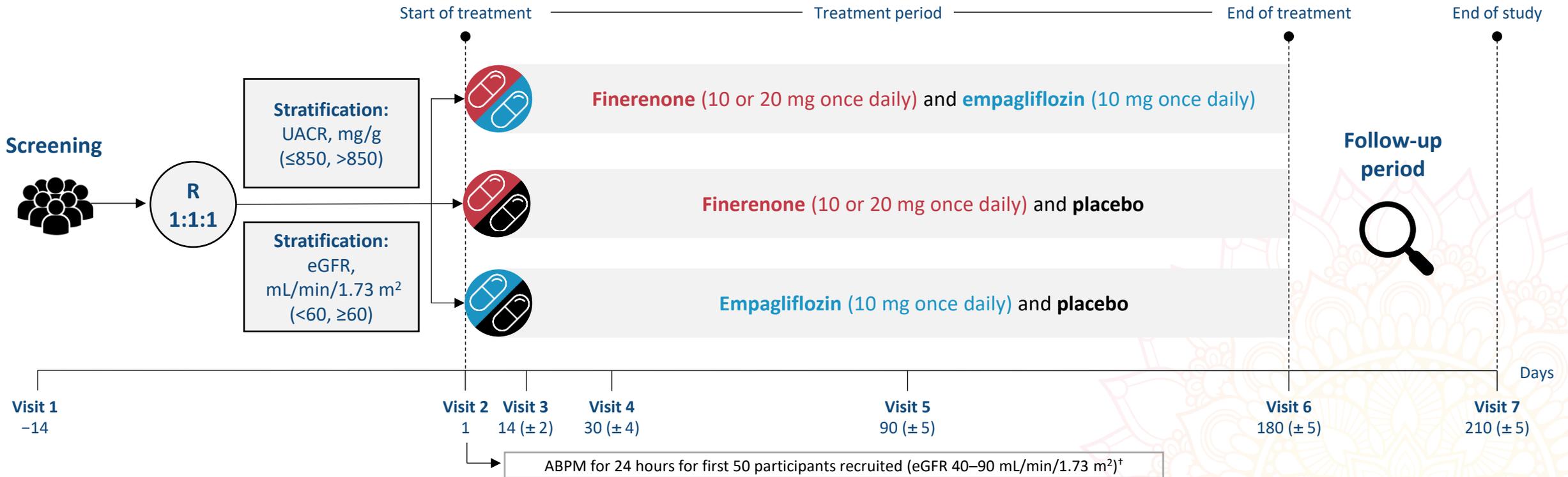
The treatment period spans from Day 1 to Day 180, with study visits on Days 1, 14, 30, 90, and 180



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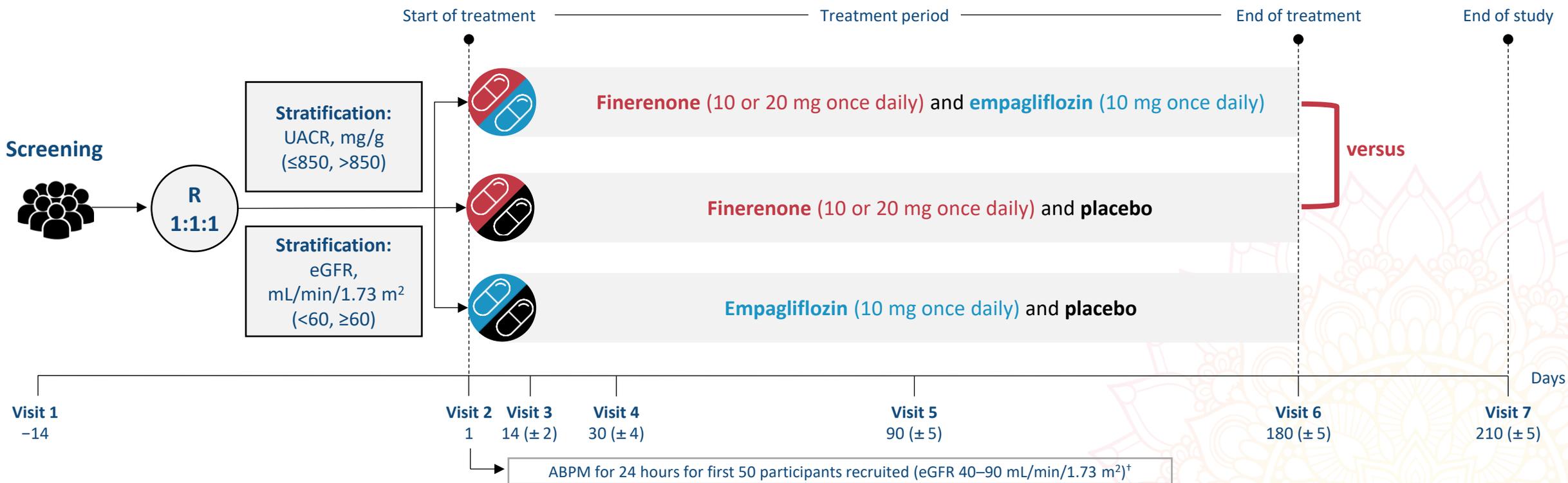
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A follow-up/end-of-study visit is scheduled 30 days after the last dose of study drug



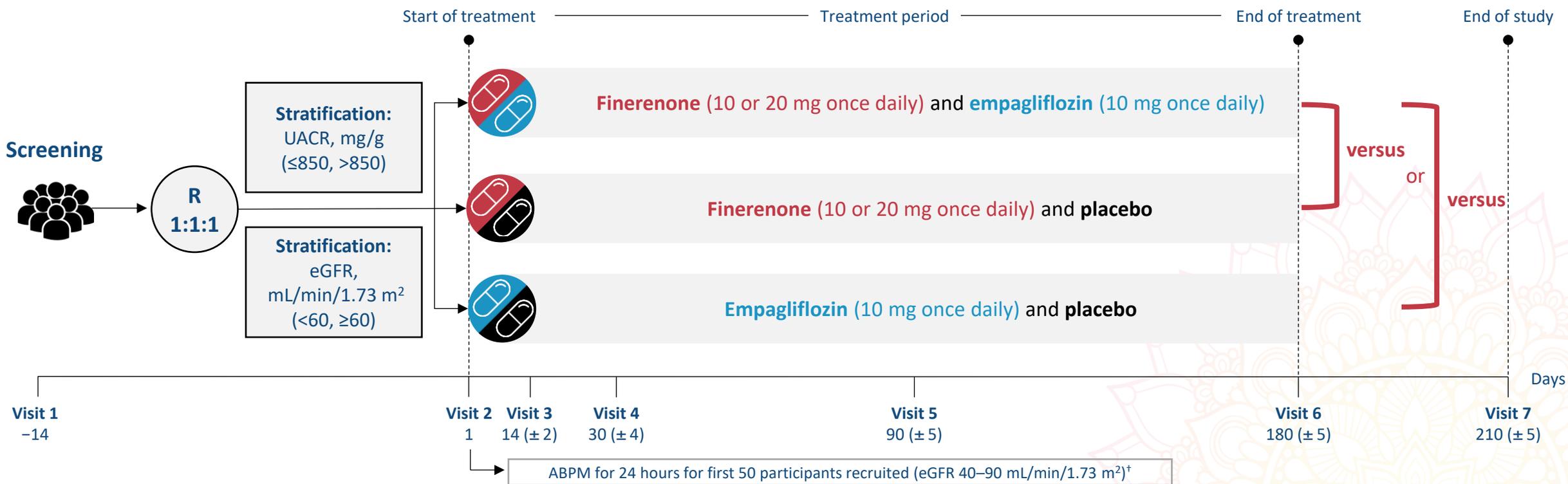
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# PRIMARY ENDPOINT: RELATIVE CHANGE FROM BASELINE IN UACR AT 180 DAYS



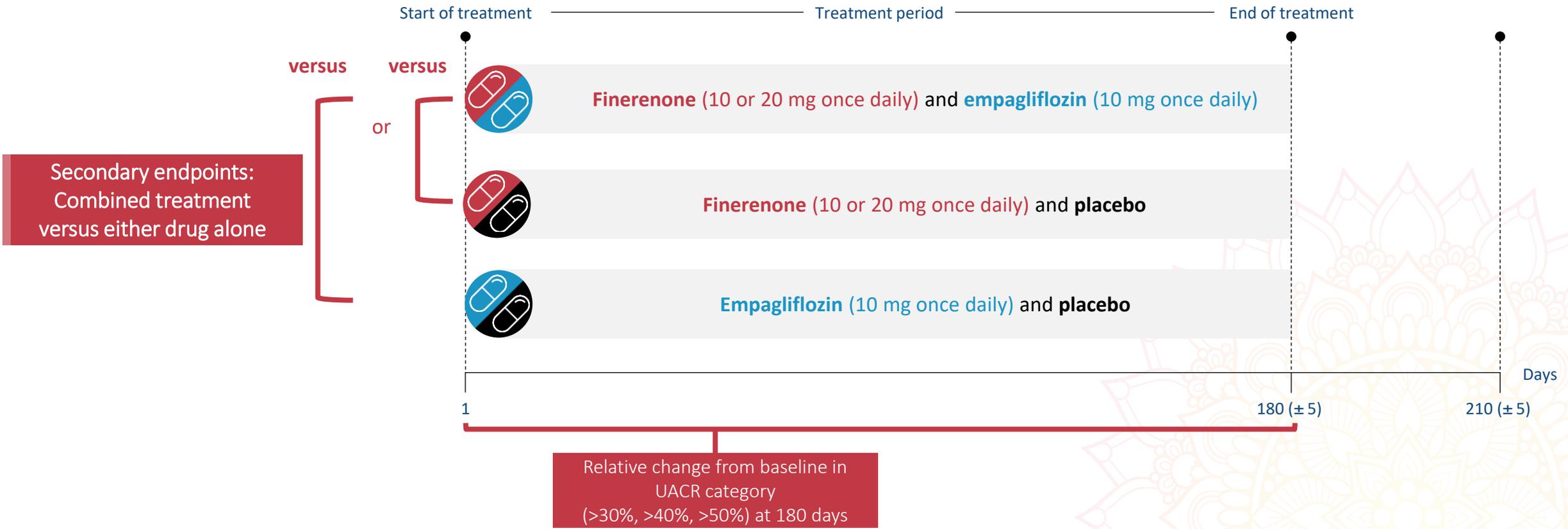
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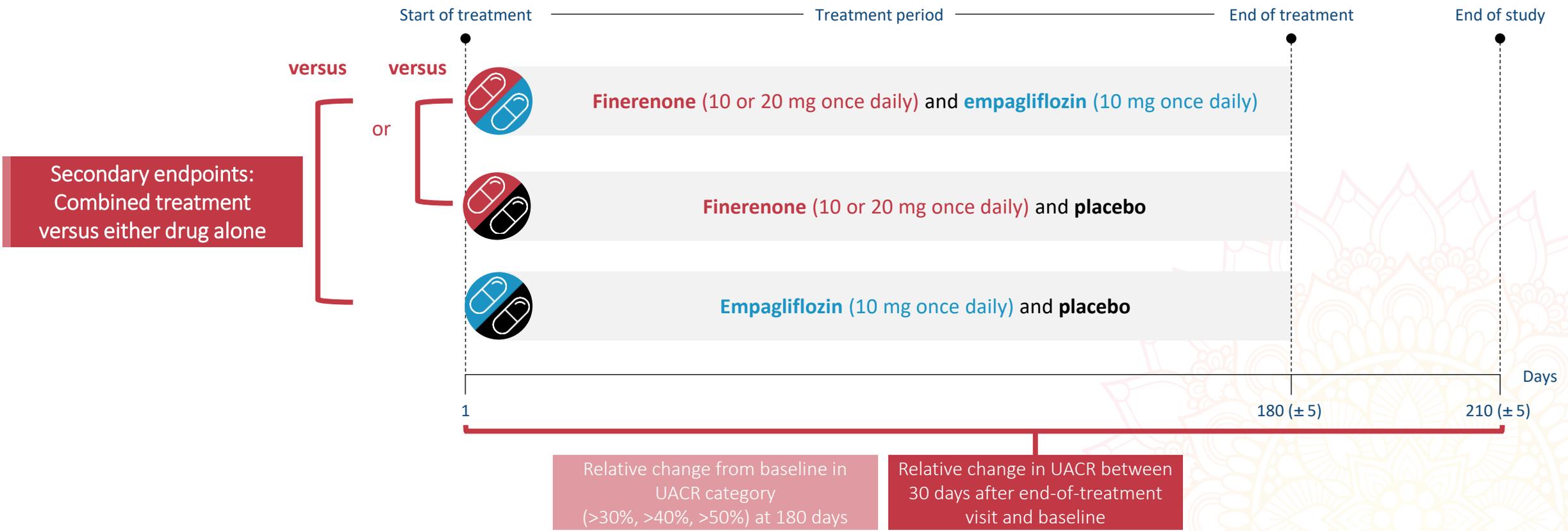
# SECONDARY UACR ENDPOINTS



UACR, urinary albumin-to-creatinine ratio.

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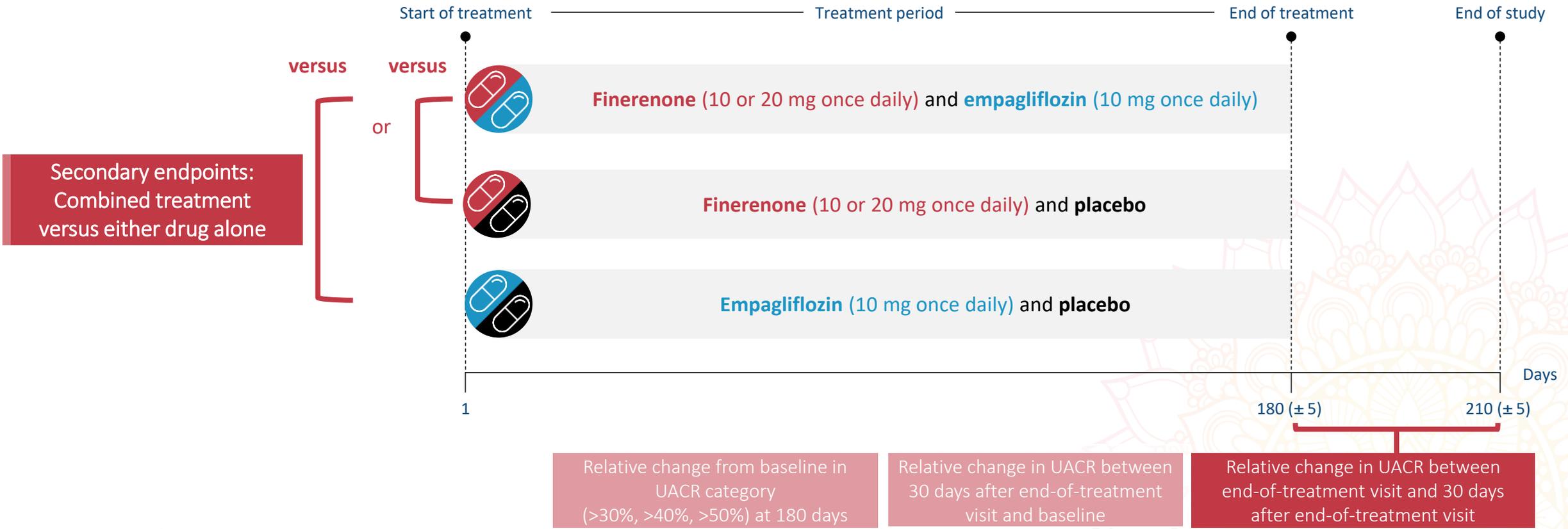
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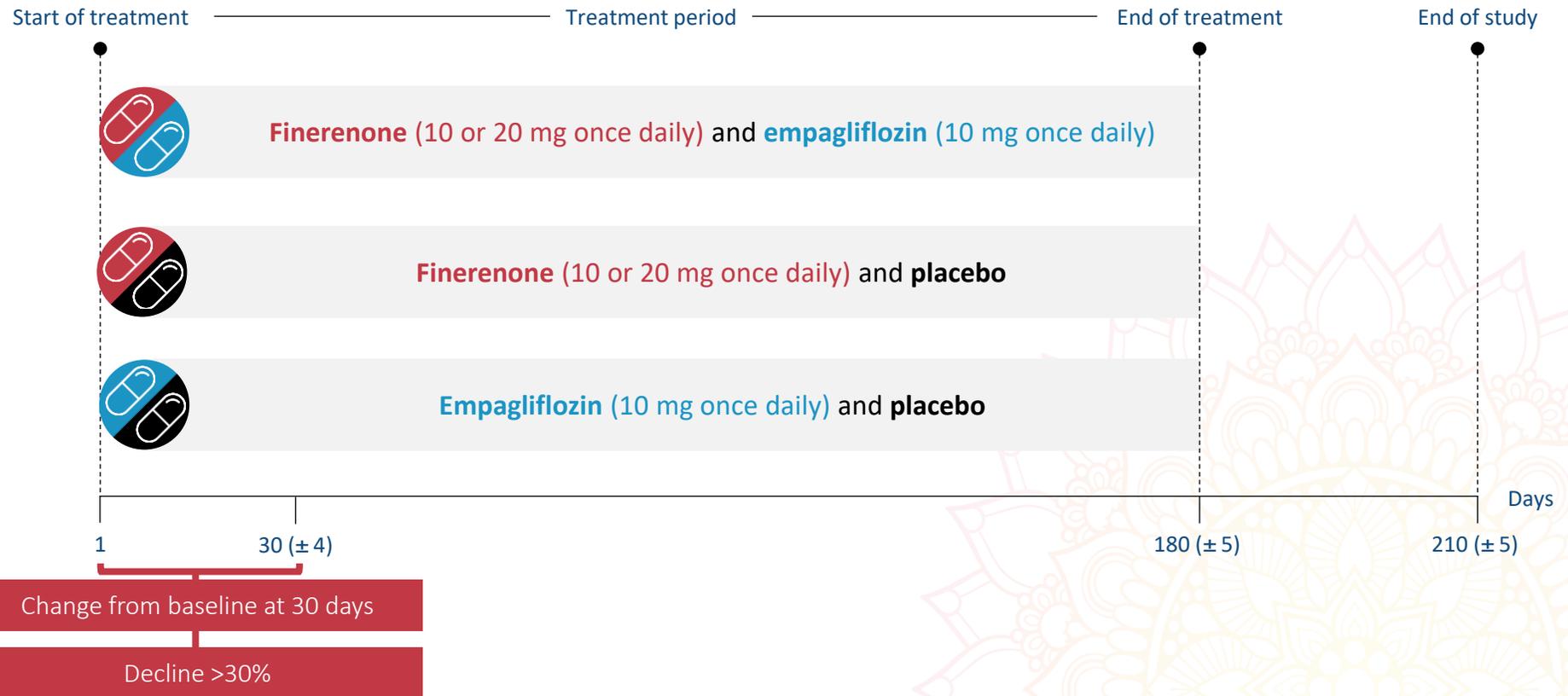


Secondary endpoints:  
Combined treatment  
versus either drug alone

UACR, urinary albumin-to-creatinine ratio.

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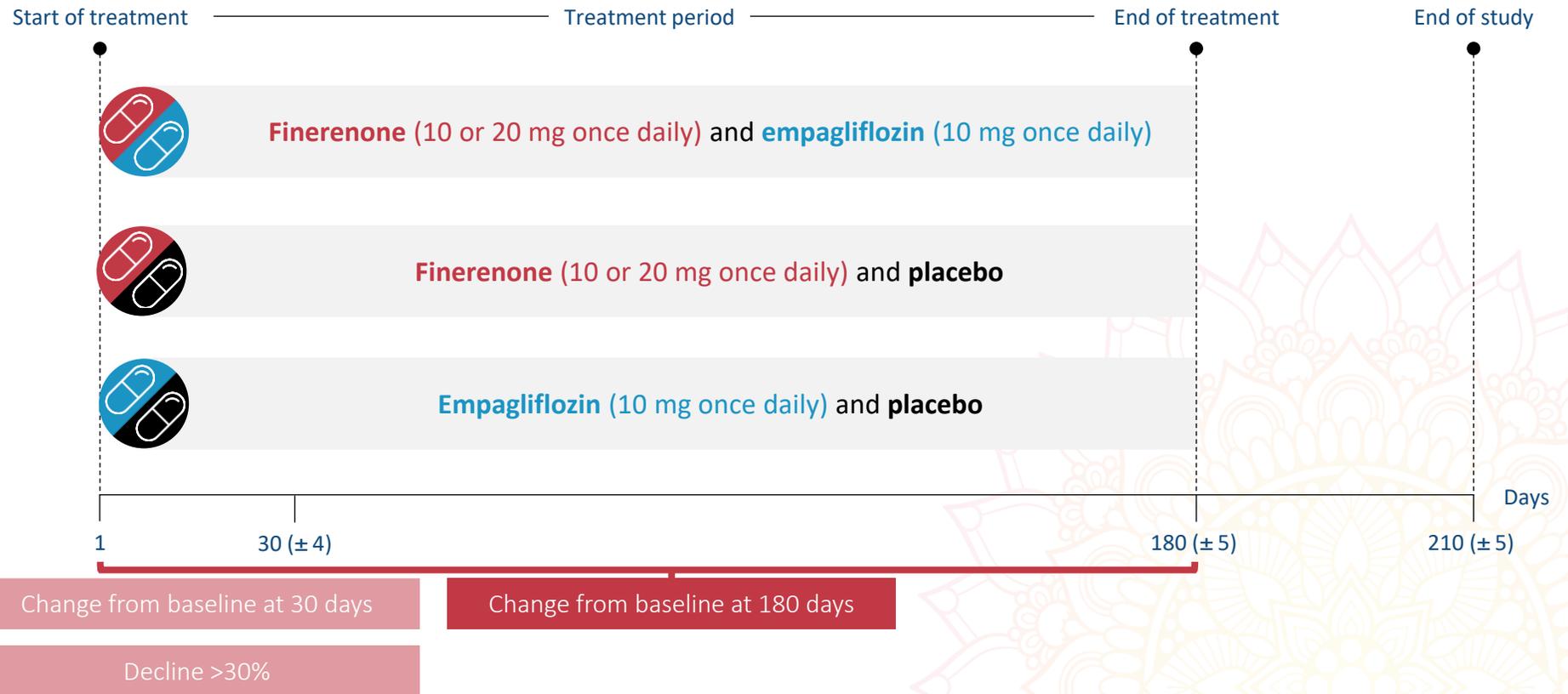
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eGFR, estimated glomerular filtration rate.

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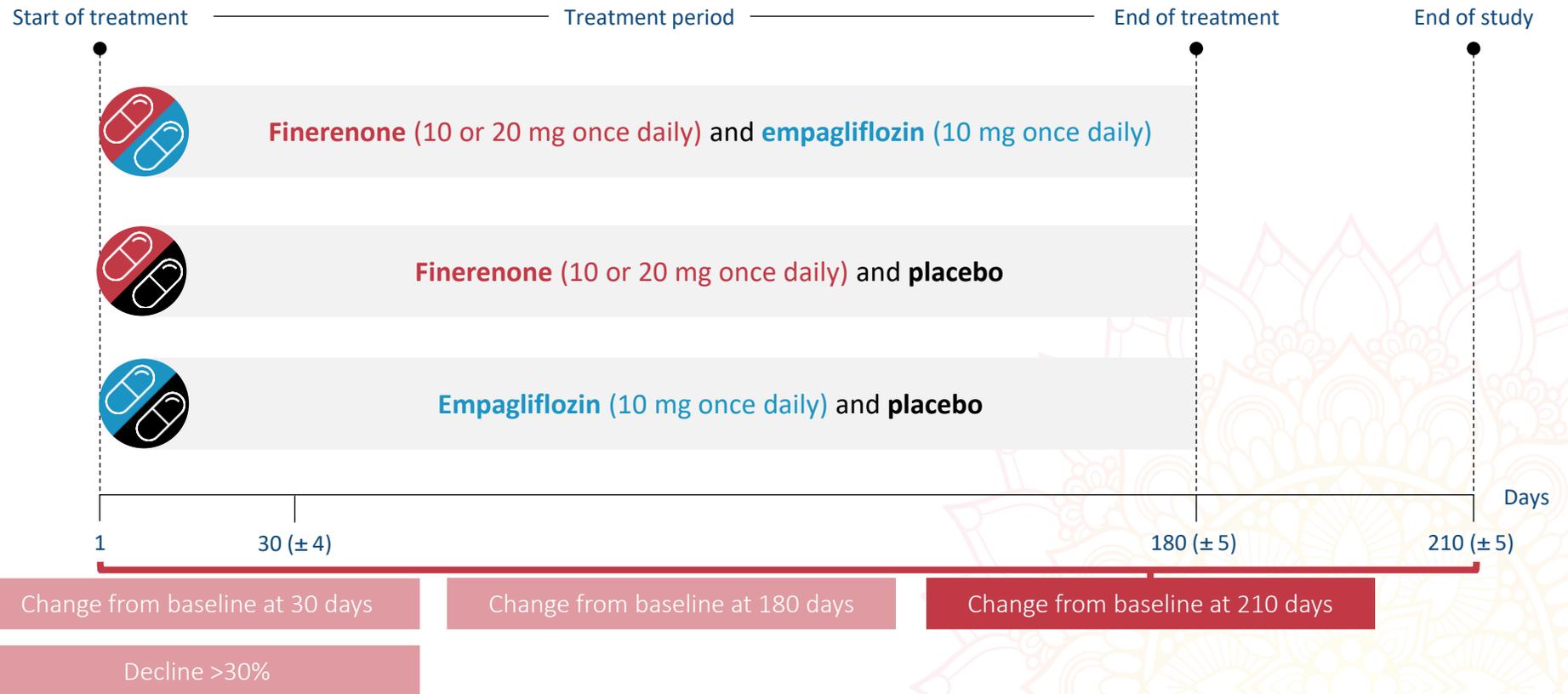
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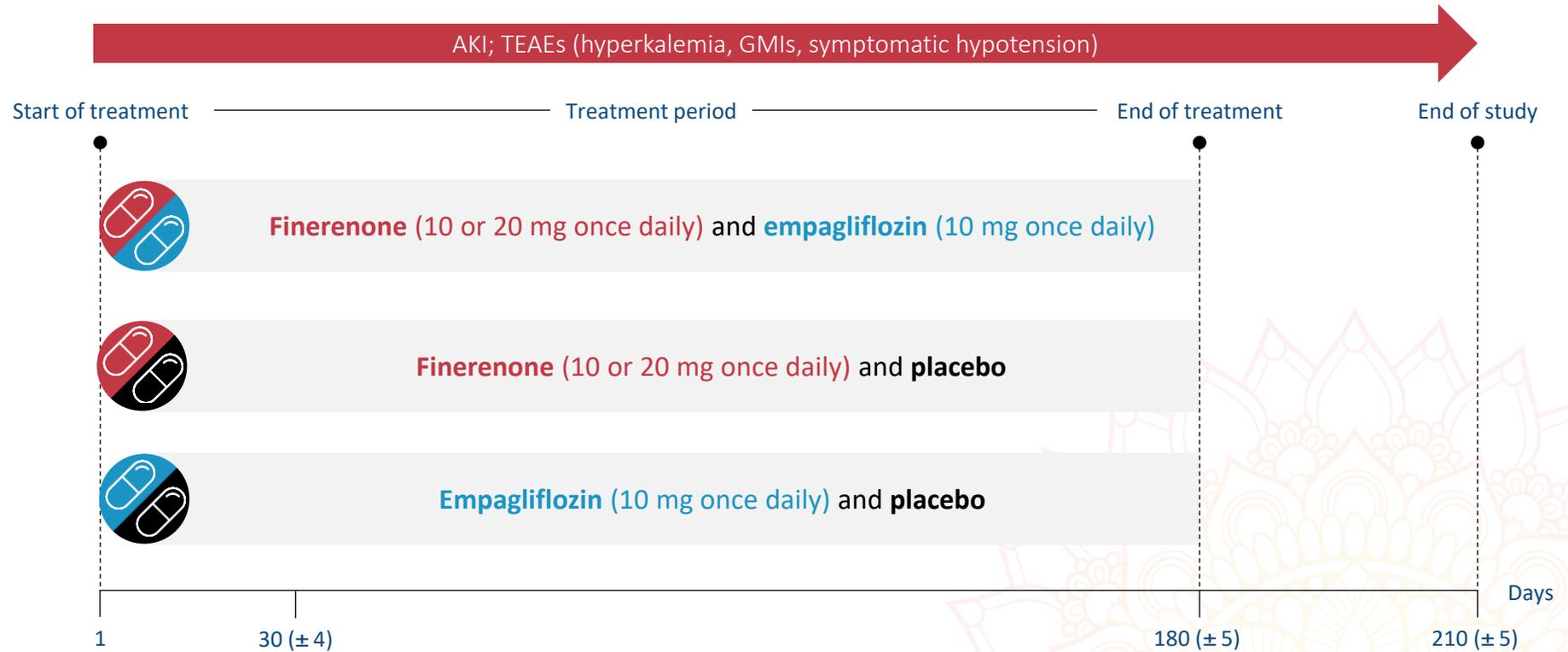
# eGFR SAFETY ENDPOINTS



eGFR, estimated glomerular filtration rate.

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# OTHER SAFETY ENDPOINTS



AKI, acute kidney injury; GMI, genital mycotic infection; TEAE, treatment-emergent adverse event.

Green JB, et al. *Nephrol Dial Transplant*. 2023;38:894–903. This figure is adapted from Green JB, et al. under the terms of the Creative Commons Attribution-Non-Commercial License (<https://creativecommons.org/licenses/by-nc/4.0/>).

# COMPARISON OF CONFIDENCE INCLUSION CRITERIA WITH OTHER KIDNEY OUTCOME TRIALS OF SGLT2 INHIBITORS AND FINERENONE

# INCLUSION CRITERIA: COMPARISON WITH SGLT2 INHIBITOR STUDIES

Criteria	CONFIDENCE <sup>1,2</sup>	CREDESCENCE <sup>3</sup> (Canagliflozin)	DAPA-CKD <sup>4</sup> (Dapagliflozin)	EMPA-KIDNEY <sup>5</sup> (Empagliflozin)
eGFR (mL/min/1.73 m <sup>2</sup> ) and/or UACR (mg/g)	eGFR 30 to 90 with a <b>UACR ≥100</b> to <5000	eGFR 30 to <90 with a UACR >300 to 5000 <sup>†</sup>	eGFR 25 to 75 with a UACR 200 to 5000	eGFR ≥20 to <45 (irrespective of level of albuminuria) or eGFR ≥45 to <90 with a UACR ≥200
With/without T2D	With T2D	With T2D	With or without T2D	With or without T2D
Background therapy	Clinically maximum-tolerated dose of an ACEi or ARB	Stable dose of an ACEi or ARB for at least 4 weeks before randomization	Stable dose of an ACEi or ARB for at least 4 weeks before screening <sup>‡</sup>	Clinically appropriate dose of a single-agent RASi <sup>§</sup>

<sup>†</sup>There was a prespecified plan to include approximately 60% of patients with an eGFR of 30 to <60 mL/min/1.73 m<sup>2</sup>; <sup>‡</sup>Participants who were documented to be unable to take ACEis or ARBs were allowed to participate; <sup>§</sup>Patients could be included, as specified in the protocol, if an investigator judged that a RASi was not indicated or would not be tolerated.

ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; CKD, chronic kidney disease; eGFR, estimated glomerular filtration rate; RASi, renin-angiotensin system inhibitor; SGLT2, sodium-glucose cotransporter 2; T2D, type 2 diabetes; UACR, urinary albumin-to-creatinine ratio.

- Green JB, et al. *Nephrol Dial Transplant*. 2023;38:894–903 ( supplementary appendix); 2. Clinicaltrials.gov. Available at: <https://clinicaltrials.gov/study/NCT05254002> (accessed December 10, 2024);
- Perkovic V, et al. *N Engl J Med*. 2019;380:2295–2306; 4. Heerspink HJL, et al. *N Engl J Med*. 2020;383:1436–1446; 5. The EMPA-KIDNEY Collaborative Group. *N Engl J Med*. 2023;388:117–127.

# INCLUSION CRITERIA: COMPARISON WITH FINERENONE STUDIES

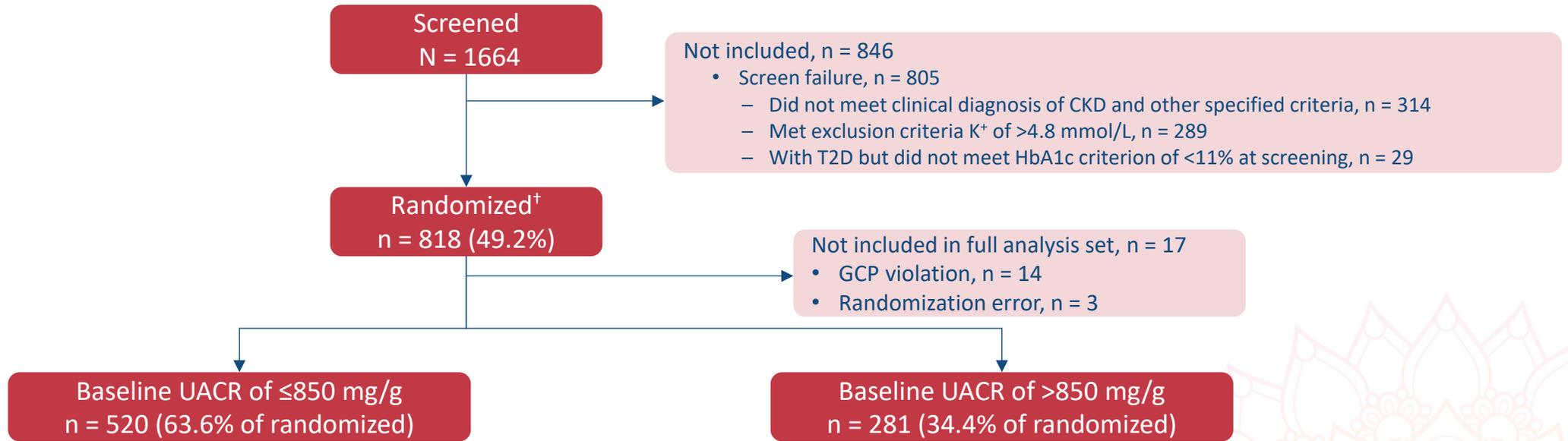
Criteria	CONFIDENCE <sup>1,2</sup>	FIDELIO-DKD <sup>3</sup>	FIGARO-DKD <sup>4</sup>
eGFR (mL/min/1.73 m <sup>2</sup> ) and/or UACR (mg/g)	eGFR 30 to 90 with a <b><u>UACR ≥100</u></b> to <5000	eGFR 25 to <60 with a UACR of 30 to <300 or eGFR 25 to <75 with a UACR 300 to 5000	eGFR 25 to 90 with a UACR of 30 to <300 or eGFR ≥60 with a UACR 300 to 5000
With/without T2D	With T2D	With T2D	With T2D
Background therapy	Clinically maximum-tolerated dose of an ACEi or ARB	Stable dose of an ACEi or ARB at the maximum dose on the manufacturer's label that did not cause unacceptable side effects	Stable dose of an ACEi or ARB at the maximum dose on the manufacturer's label that did not cause unacceptable side effects

ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; DKD, diabetic kidney disease; eGFR, estimated glomerular filtration rate; T2D, type 2 diabetes; UACR, urinary albumin-to-creatinine ratio.

1. Green JB, et al. *Nephrol Dial Transplant*. 2023;38:894–903 ( supplementary appendix); 2. Clinicaltrials.gov. Available at: <https://clinicaltrials.gov/study/NCT05254002> (accessed December 10, 2024); 3. Bakris GL, et al. *N Engl J Med*. 2020; 383:2219–2229; 4. Pitt B, et al. *N Engl J Med*. 2021; 385:2252–2263.

# PARTICIPANT DISPOSITION AND BASELINE DEMOGRAPHICS IN CONFIDENCE

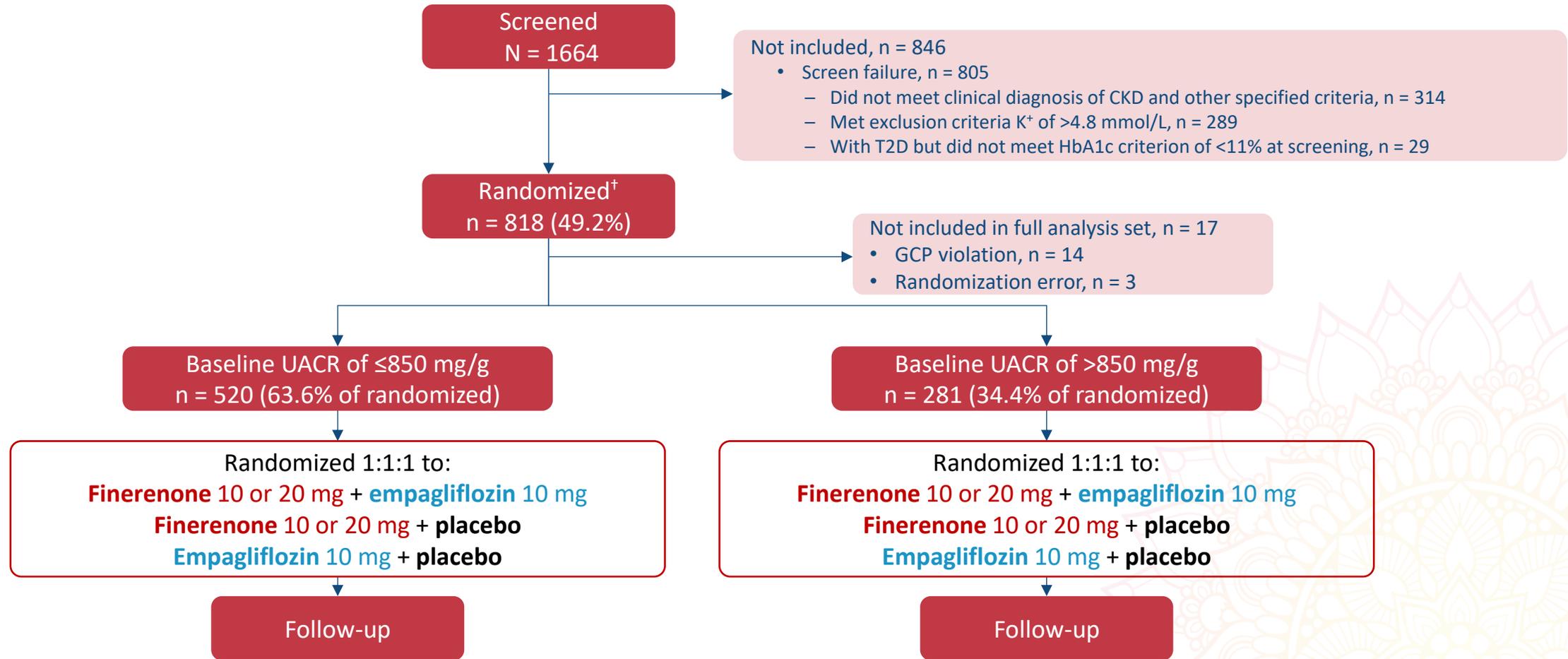
# PARTICIPANT DISPOSITION



†Participants were also stratified by eGFR (< or ≥60 mL/min/1.73 m<sup>2</sup>).

CKD, chronic kidney disease; eGFR, estimated glomerular filtration rate; GCP, Good Clinical Practice; HbA1c, glycated hemoglobin; K+, potassium; T2D, type 2 diabetes; UACR, urinary albumin-to-creatinine ratio.

# PARTICIPANT DISPOSITION



†Participants were also stratified by eGFR (< or ≥60 mL/min/1.73 m<sup>2</sup>).

CKD, chronic kidney disease; eGFR, estimated glomerular filtration rate; GCP, Good Clinical Practice; HbA1c, glycated hemoglobin; K<sup>+</sup>, potassium; T2D, type 2 diabetes; UACR, urinary albumin-to-creatinine ratio.

## BASELINE DEMOGRAPHICS

Characteristic	Total (N = 801) <sup>†</sup>
<b>Age, mean years</b>	66.5
<b>Female, %</b>	25
<b>Race, %<sup>‡</sup></b>	
Asian	46
Asian Indian	17
White	44
Black/African American	8
Other	<1
<b>Ethnicity, %<sup>§</sup></b>	
Hispanic or Latino	10
Not Hispanic or Latino	89
<b>Region, %</b>	
Asia	45
North America	28
Europe	27

Characteristic	Total (N = 801) <sup>†</sup>
<b>Smoking history, %</b>	
Current smoker	15
<b>BMI, mean kg/m<sup>2</sup></b>	29
<b>Body weight, mean kg</b>	82
<b>SBP, mean mmHg</b>	135
<b>DBP, mean mmHg</b>	77
<b>Hemoglobin, mean g/dL</b>	12.9
<b>HbA1c, %</b>	7.3
<b>Serum potassium, mean mmol/L</b>	4.5

<sup>†</sup>There were 17 randomized participants excluded from the full analysis set due to GCP violations or randomization errors; <sup>‡</sup>Race was not reported for 5 (<1%) participants; <sup>§</sup>Ethnicity was not reported for 5 (<1%) participants. BMI, body mass index; DBP, diastolic blood pressure; GCP, Good Clinical Practice; HbA1c, glycosylated hemoglobin; SBP, systolic blood pressure.

# BASELINE DEMOGRAPHICS BY UACR SUBGROUP

Characteristic	UACR subgroup	
	≤850 mg/g (n = 520)	>850 mg/g (n = 281)
<b>Age, mean years</b>	68	64
<b>Race, %</b>		
Asian	41	56
Asian Indian	14	22
White	48	37
Black/African American	10	6
Other	<1	1
<b>Region, %</b>		
Asia	40	55
North America	30	24
Europe	30	21
<b>HbA1c, %</b>	7.2	7.5

# COMPARISON OF CONFIDENCE BASELINE CHARACTERISTICS WITH OTHER KIDNEY OUTCOME TRIALS OF SGLT2 INHIBITORS AND FINERENONE

# BASELINE DEMOGRAPHICS AND CLINICAL CHARACTERISTICS IN PARTICIPANTS WITH CKD AND T2D BY STUDY

Characteristic	CONFIDENCE (N = 801)
Age, mean years	67
Women, %	25
Current smoker, %	15
BMI, mean kg/m <sup>2</sup>	29
Body weight, mean kg	82
SBP, mean mmHg	135
DBP, mean mmHg	77
HbA1c, %	7.3

# BASELINE DEMOGRAPHICS AND CLINICAL CHARACTERISTICS: COMPARISON WITH SGLT2 INHIBITOR STUDIES

Characteristic	CONFIDENCE (N = 801)	CREDESCENCE <sup>1</sup> (Canagliflozin) (N = 4401)	DAPA-CKD <sup>2</sup> (Dapagliflozin) (N = 2906) <sup>†</sup>	EMPA-KIDNEY <sup>3</sup> (Empagliflozin) (N = 3039) <sup>†</sup>
Age, mean years	67	63	64	69
Women, %	25	34	33	33
Current smoker, %	15	15	-	-
BMI, mean kg/m <sup>2</sup>	29	31	30	32
Body weight, mean kg	82	87	-	-
SBP, mean mmHg	135	140	139	139
DBP, mean mmHg	77	78	77	76
HbA1c, %	7.3	8.3	7.8	7.2

<sup>†</sup>Data are shown for participants with T2D only.

BMI, body mass index; CKD, chronic kidney disease; DBP, diastolic blood pressure; HbA1c, glycated hemoglobin; SBP, systolic blood pressure; SGLT2, sodium–glucose cotransporter 2; T2D, type 2 diabetes.

1. Perkovic V, et al. *N Engl J Med*. 2019;380:2295–2306 ( supplementary appendix); 2. Wheeler DC, et al. *Nephrol Dial Transplant*. 2020;35:1700–1711; 3. The EMPA-KIDNEY Collaborative Group. *Nephrol Dial Transplant*. 2022;37:1317–1329.

# BASELINE DEMOGRAPHICS AND CLINICAL CHARACTERISTICS: COMPARISON WITH FINERENONE STUDIES

Characteristic	CONFIDENCE (N = 801)	FIDELIO-DKD <sup>1</sup> (N = 5674)	FIGARO-DKD <sup>2</sup> (N = 7352)
Age, mean years	67	66	64
Women, %	25	30	31
Current smoker, %	15	14	18
BMI, mean kg/m <sup>2</sup>	29	31	31
Body weight, mean kg	82	87	89
SBP, mean mmHg	135	138	136
DBP, mean mmHg	77	76	77
HbA1c, %	7.3	7.7	7.7

BMI, body mass index; DBP, diastolic blood pressure; DKD, diabetic kidney disease; HbA1c, glycated hemoglobin; SBP, systolic blood pressure.

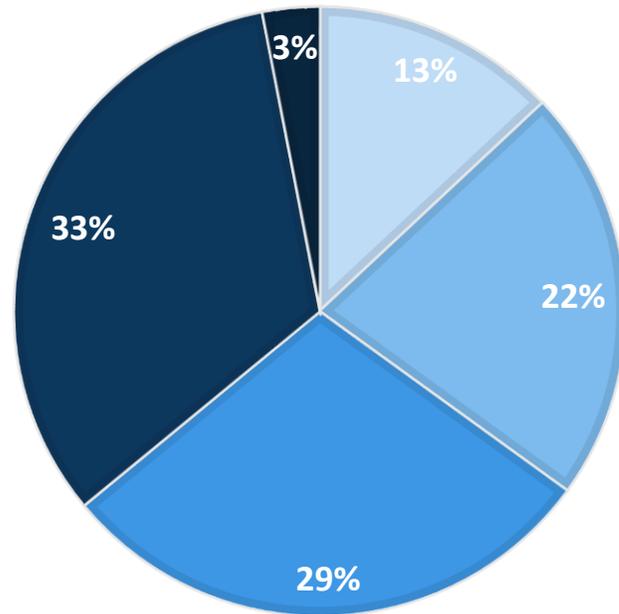
1. Bakris GL, et al. *N Engl J Med.* 2020;383:2219–2229; 2. Pitt B, et al. *N Engl J Med.* 2021;385:2252–2263.

# KIDNEY DISEASE CHARACTERISTICS IN CONFIDENCE

Mean eGFR<sup>†</sup>: 54 mL/min/1.73 m<sup>2</sup>

Distribution of eGFR categories

■ >75 ■ 60 to 75 ■ 45 to <60 ■ 30 to <45 ■ <30

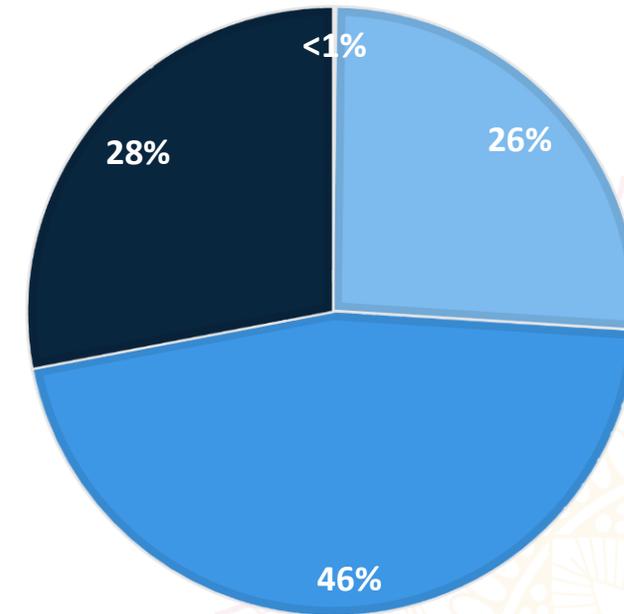


N = 801<sup>‡</sup>

Median UACR<sup>§</sup>: 583 mg/g

Distribution of albuminuria categories

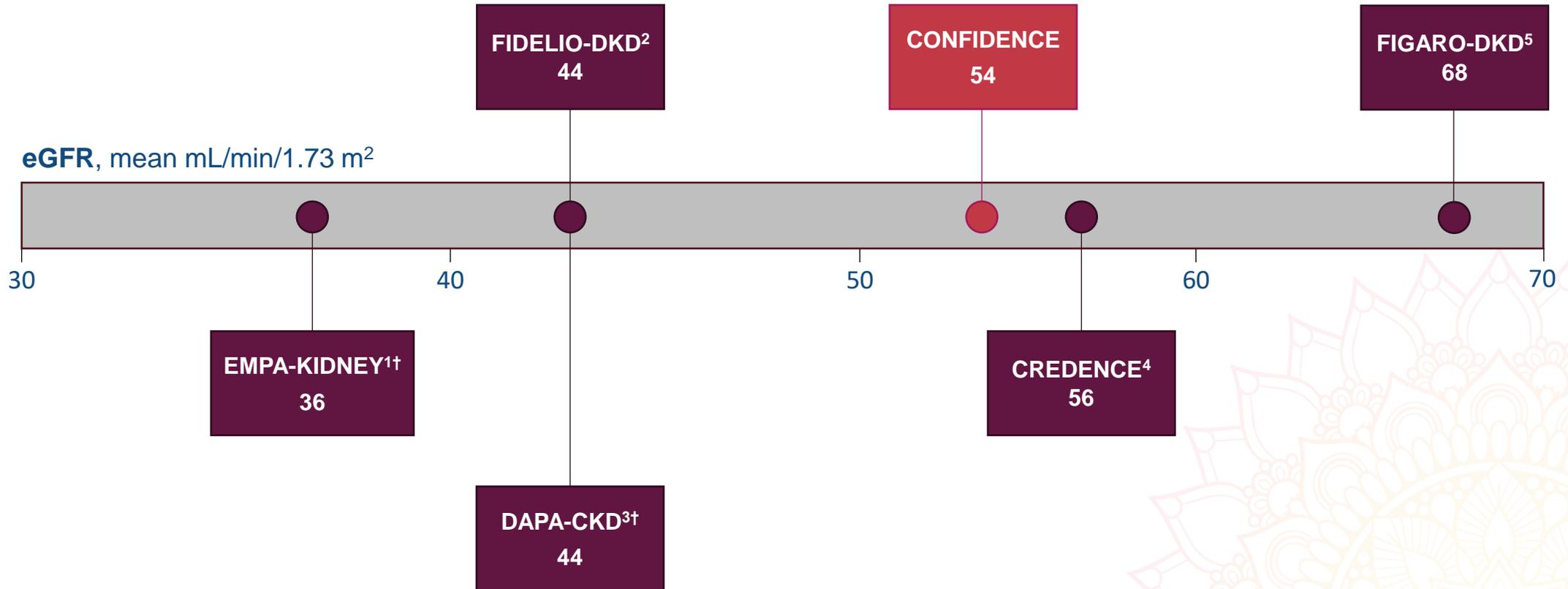
■ <30 ■ 30 to 300 ■ >300 to 1000 ■ >1000



N = 801<sup>‡</sup>

<sup>†</sup>Calculated by the CKD-EPI equation<sup>1</sup> with a modification for Japanese participants<sup>2</sup>; <sup>‡</sup>There were 17 randomized participants excluded from the full analysis set due to GCP violations or randomization errors; <sup>§</sup>UACR may have decreased for participants between the screening and randomization visits. CKD-EPI, Chronic Kidney Disease Epidemiology Collaboration; eGFR, estimated glomerular filtration rate; GCP, Good Clinical Practice; UACR, urinary albumin-to-creatinine ratio. 1. Levey AS, et al. *Am J Kidney Dis.* 2020;75:84–104; 2. Horio M, et al. *Am J Kidney Dis.* 2010;56:32–38.

# eGFR IN PARTICIPANTS WITH CKD AND T2D BY STUDY

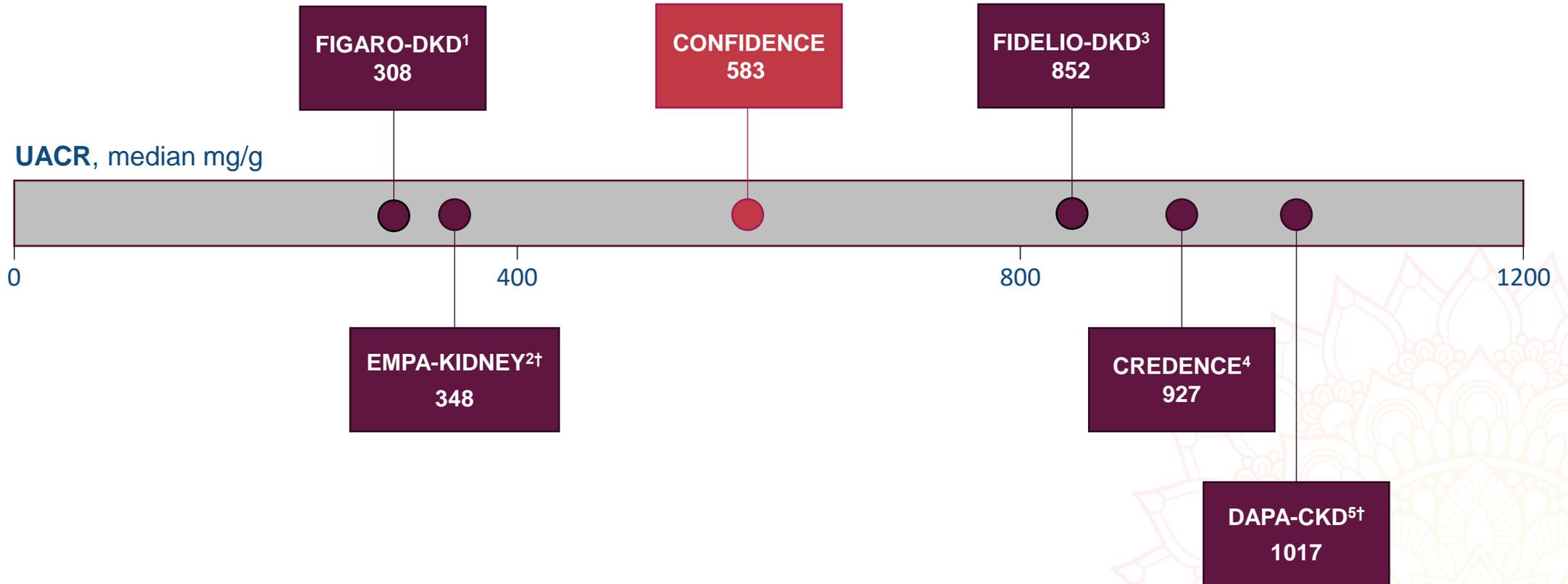


<sup>†</sup>Data are shown for participants with T2D only.

CKD, chronic kidney disease; DKD, diabetic kidney disease; eGFR, estimated glomerular filtration rate; T2D, type 2 diabetes.

1. The EMPA-KIDNEY Collaborative Group. *Nephrol Dial Transplant*. 2022;37:1317–1329; 2. Bakris GL, et al. *N Engl J Med*. 2020; 383:2219–2229; 3. Wheeler DC, et al. *Nephrol Dial Transplant*. 2020;35:1700–1711; 4. Perkovic V, et al. *N Engl J Med*. 2019;380:2295–2306; 5. Pitt B, et al. *N Engl J Med*. 2021;385:2252–2263.

# UACR IN PARTICIPANTS WITH CKD AND T2D BY STUDY



<sup>†</sup>Data are shown for participants with T2D only.

CKD, chronic kidney disease; DKD, diabetic kidney disease; T2D, type 2 diabetes; UACR, urinary albumin-to-creatinine ratio.

1. Pitt B, et al. *N Engl J Med.* 2021;385:2252–2263; 2. The EMPA-KIDNEY Collaborative Group. *Nephrol Dial Transplant.* 2022;37:1317–1329; 3. Bakris GL, et al. *N Engl J Med.* 2020;383:2219–2229. 4. Perkovic V, et al. *N Engl J Med.* 2019;380:2295–2306; 5. Wheeler DC, et al. *Nephrol Dial Transplant.* 2020;35:1700–1711.

# MEDICAL HISTORY OF CV AND MICROVASCULAR DISEASE

Characteristic	Total (N = 801) <sup>†</sup>
<b>Medical history, %<sup>‡</sup></b>	
Hypertension	88
ASCVD	28
Coronary artery disease	17
Myocardial infarction	5
Stroke	8
Peripheral arterial disease	7
Diabetic retinopathy	16
Atrial fibrillation	6
Heart failure	4

<sup>†</sup>There were 17 randomized participants excluded from the full analysis set due to GCP violations or randomization errors; <sup>‡</sup>Coded using the MedDRA dictionary.  
 ASCVD, atherosclerotic cardiovascular disease; CV, cardiovascular; GCP, Good Clinical Practice; MedDRA, Medical Dictionary for Regulatory Activities.

# CONCOMITANT MEDICATIONS AND ANTIHYPERGLYCEMIC AGENTS

Characteristic	Total (N = 801) <sup>†</sup>	Characteristic	Total (N = 801) <sup>†</sup>
<b>Concomitant medications, %</b>		<b>Antihyperglycemic agents, %</b>	
ACEi/ARB <sup>‡</sup>	98	Insulin	39
Calcium channel blockers	61	GLP-1 RAs	23
Statins	39	Oral hypoglycemic agents	
Antiplatelet agents	40	Metformin	60
Beta-blockers	35	DPP-4 inhibitors	31
Diuretics	36	Sulfonylureas	24
Potassium-lowering agents	<1		
Potassium supplements	<1		

<sup>†</sup>There were 17 randomized participants excluded from the full analysis set due to GCP violations or randomization errors; <sup>‡</sup>According to the protocol, all patients were required to use an ACEi or ARB at the clinically maximum-tolerated dose.

ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; DPP-4, dipeptidyl peptidase-4; GCP, Good Clinical Practice; GLP-1 RA, glucagon-like peptide-1 receptor agonist.

# MEDICAL HISTORY AND CONCOMITANT MEDICATIONS: COMPARISON WITH OTHER STUDIES

Characteristic	CONFIDENCE <sup>1</sup> (N = 801)
<b>Medical history, %</b>	
ASCVD or CVD	28 <sup>†</sup>
Heart failure	4
Diabetic retinopathy	16
<b>Concomitant medications, %</b>	
ACEis/ARBs	98
GLP-1 RAs	23
Insulin and analogues	39
DPP-4 inhibitors	31
Metformin	60
Statins	39
Antiplatelets	40

<sup>†</sup>ASCVD; <sup>‡</sup>Data are shown for participants with T2D only.

ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; ASCVD, atherosclerotic cardiovascular disease; CKD, chronic kidney disease; CVD, cardiovascular disease; DPP-4, dipeptidyl peptidase-4; GLP-1 RA, glucagon-like peptide-1 receptor agonist; T2D, type 2 diabetes.

1. Green JB, et al. *Nephrol Dial Transplant.* 2023;38:894–903; 2. Perkovic V, et al. *N Engl J Med.* 2019;380:2295–2306 ( supplementary appendix); 3. Wheeler DC, et al. *Nephrol Dial Transplant.* 2020;35:1700–1711; 4. The EMPA-KIDNEY Collaborative Group. *Nephrol Dial Transplant.* 2022;37:1317–1329 ( supplementary appendix); 5. Agarwal R, et al. *Eur Heart J.* 2022;43:474–484.

# MEDICAL HISTORY AND CONCOMITANT MEDICATIONS: COMPARISON WITH OTHER STUDIES

Characteristic	CONFIDENCE <sup>1</sup> (N = 801)	CREDESCENCE <sup>2</sup> (N = 4401)	DAPA-CKD <sup>3</sup> (N = 2906) <sup>‡</sup>	EMPA-KIDNEY <sup>4</sup> (N = 3039) <sup>‡</sup>	FIDELITY <sup>5</sup> (N = 13,026)
<b>Medical history, %</b>					
ASCVD or CVD	28 <sup>†</sup>	50	44	36	46
Heart failure	4	15	12	14	8
Diabetic retinopathy	16	43	-	-	38
<b>Concomitant medications, %</b>					
ACEis/ARBs	98	>99	98	85	>99
GLP-1 RAs	23	4	4	10	7
Insulin and analogues	39	66	55	55	59
DPP-4 inhibitors	31	17	26	26	25
Metformin	60	58	43	22	58
Statins	39	69	-	-	72
Antiplatelets	40	-	53	48	56

<sup>†</sup>ASCVD; <sup>‡</sup>Data are shown for participants with T2D only.

ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; ASCVD, atherosclerotic cardiovascular disease; CKD, chronic kidney disease; CVD, cardiovascular disease; DPP-4, dipeptidyl peptidase-4; GLP-1 RA, glucagon-like peptide-1 receptor agonist; T2D, type 2 diabetes.

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# CONFIDENCE STUDY: CONCLUSIONS



The high rates of morbidity and mortality associated with CKD in T2D highlight the unmet need for additional effective treatments for slowing CKD progression. People with both CKD and T2D are at high risk of adverse clinical outcomes because of the additive, detrimental effects of these conditions<sup>1</sup>

CKD, chronic kidney disease; SGLT2, sodium–glucose cotransporter 2; T2D, type 2 diabetes.

1. Afkarian M, et al. *J Am Soc Nephrol.* 2013;24:302–308.

# CONFIDENCE STUDY: CONCLUSIONS



The high rates of morbidity and mortality associated with CKD in T2D highlight the unmet need for additional effective treatments for slowing CKD progression. People with both CKD and T2D are at high risk of adverse clinical outcomes because of the additive, detrimental effects of these conditions<sup>1</sup>



**CONFIDENCE**, the first randomized trial to examine combination therapy comprising finerenone and an SGLT2 inhibitor in people with CKD and T2D, will provide the evidence to determine the potential role of simultaneous initiation of finerenone and SGLT2 inhibitors to better inform the care of people in this population

# CONFIDENCE STUDY: CONCLUSIONS



The high rates of morbidity and mortality associated with CKD in T2D highlight the unmet need for additional effective treatments for slowing CKD progression. People with both CKD and T2D are at high risk of adverse clinical outcomes because of the additive, detrimental effects of these conditions<sup>1</sup>



CONFIDENCE, the first randomized trial to examine combination therapy comprising finerenone and an SGLT2 inhibitor in people with CKD and T2D, will provide the evidence to determine the potential role of simultaneous initiation of finerenone and SGLT2 inhibitors to better inform the care of people in this population



Full details on the baseline characteristics of the CONFIDENCE study are published here:



# THANK YOU TO OUR INVESTIGATORS, STAFF, AND STUDY PARTICIPANTS

**Author affiliations:** **RA** – Division of Nephrology, Richard L. Roudebush VA Medical Center Indiana University School of Medicine, Indianapolis, Indiana, USA; **JBG** – Division of Endocrinology, Department of Medicine and Duke Clinical Research Institute, Duke University School of Medicine, Durham, North Carolina, USA; **HJLH** – Department of Clinical Pharmacy and Pharmacology, University Medical Center Groningen, Groningen, The Netherlands; **JFEM** – KfH Kidney Centre, Munich, Germany; **JFEM** – Department of Nephrology Hypertension, Friedrich Alexander University, Erlangen, Germany; **JBM** – Division of Endocrinology, Metabolism and Lipid Research, Washington University in St. Louis, School of Medicine, St. Louis, Missouri, USA; **AKM** – University of North Carolina Kidney Center, UNC School of Medicine, Chapel Hill, North Carolina, USA; **JR** – Velocity Clinical Research at Medical City, Dallas, Texas, USA; **PR** – Steno Diabetes Center Copenhagen, Copenhagen, Denmark; **PR** – Department of Clinical Medicine, University of Copenhagen, Copenhagen, Denmark; **MV** – Division of Cardiovascular Medicine, Brigham and Women's Hospital and Harvard Medical School, Boston, Massachusetts, USA; **MB** – Cardiology and Nephrology Clinical Development, Bayer AG, Wuppertal, Germany; **RE** – Department of Clinical Sciences, Danderyd University Hospital, Division of Cardiovascular Medicine, Karolinska Institutet, Stockholm, Sweden; **NL** – Bayer Healthcare, Chaoyang District, Beijing, China; **MFS** – Pharmaceuticals, Medical Affairs and Pharmacovigilance, Bayer AG, Berlin, Germany; **CS** – Clinical Statistics and Analytics, Bayer PLC, Reading, UK; **MN** – Division of Nephrology and Endocrinology, The University of Tokyo Graduate School of Medicine, Tokyo, Japan.

**Collaborators:** Agostino Consoli, Ahmed Awad, Alberto Ortiz Arduan, Alfonso Soto, Ali Iranmanesh, Amy K. Mottl, An Nollet, Ankur Doshi, Anna Maria Grazia Veronelli, Architkumar Patel, Ashar Luqman, Balasubramaniyan T, Bernhard Winkelmann, Bruce Baker, Bruno Guerci, Bruno Van Vlem, Bruno Verges, Byung Wan Lee, Carolina Solis-Herrera, Chandrashekar Matad, Chang Beom Lee, Chien-Te Lee, Chiz-Tzung Chang, Choon-Hee Chung, Christof Kloos, Christoph Axthelm, Claus Juhl, Cristina Castro, Cristobal Morales, Csaba Kovcsy, Daishiro Yamada, Dana Mitchell, David Gaskin, David LaMond, Der-Cherng Tarn, Dinesh Khullar, Pierre-Louis Carron, Manisha Sahay, Elie Sahyouni, Emanuele Bosi, Enrico Fiaccadori, EunYoung Lee, Faiad Adawi, Fernando Cereto Castro, Francis Duyck, Francisco Martinez Deben, Francisco Tinahones Madueno, Fumi Umeoka, Ganapathi Bantwal, Genya Aharon-Hananel, German Hernandez, Giancarlo Tonolo, Giuseppe Mazza, Giuseppe Penno, Gloria Ortiz, Guillermo Umpierrez, Hanane Bourarich, Hansraj Alva, Harold Miller, Harvey Serota, Hideo Kanehara, Hidetoshi Kanai, Hitesh Mehta, Idit Liberty, Iqbal Khalid, Jae-Myung Yu, Jared Probst, Jay Sandberg, Jay Shubrook, Jayakumar EK, Jean-Pierre Fauvel, Jeroen van der Net, Jesper Nørgaard Bech, Jose Luis Górriz Teruel, Jose Mandry, Joseph Ravid, Juan Diego Mediavilla, Jugal Bihari Gupta, Julie Silverstein, Julio Wainstein, Ju-Ying Jiang, Keshavamurthy CB, Keung Lee, Klaus Busch, Kunihsa Kobayashi, Leslie Spry, Lutz Stemler, Mai-Szu Wu, Maria Jose Soler Romeo, Maria Marques Vidas, Mariana Garcia-Touza, Marijn Speeckaert, Markus van der Giet, Masahiko Ochi, Masao Ishii, Matthew Ray, Mazen Elias, Minesh Rajpal, Ming Ju Wu, Mirjam Lips, Mohamed El-Shahawy, Nauman Shahid, Nimer Assy, Nomy Levin-Iaina, Olivier Dupuy, Olivier Moranne, Osvaldo Brusco, Pablo Pergola, Pal Atanu, Paola Ponzani, Paul Rootjes, Pedro Velasquez Mieyer, Peter Doubel, Peter Luik, Peter Rossing, Pieter Gillard, Piotr Lazowski, Prabha Dadala Ratna, Raj Singh, Rekha John, Richard Powell, Richard Tytus, Roberta Poli, Roberto Cimino, Roberto Trevisan, Salvatore De Cosmo, Sameer Chaubey, Sameh Fikry, Sanjay Chunilal Agarwal, Saurabh Agarwal, Scott Hines, Sean Peterson, Seok Joon Shin, Sharma Balram, Shih-Te Tu, Shivinder Jolly, Siddharth Mavani, Soo Lim, Sree Bhushan Raju, Sreedhar Reddy, Steve Fordan, Subhash Wangnoo, Sung-Gyun Kim, Syed Pervaiz, Takeshi Osonoi, Terumasa Hayashi, Thorsten Koch, Thure Krarup, Tuan-Huy Tran, Tushar Bandgar, Vernekar Ritesh, Veronica Resi, Wajdi Al-Shweiat, Wayne Kotzker, William Beaubien-Souligny, William Kaye, William Yang, Woo-Je Lee, Yoshihide Hirohata, Yoshimitsu Yamasaki, You-Cheol Hwang, Young Min Cho, and Young Sun Kang.

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