



# **IMPACT OF FINERENONE ON CARDIAC BIOMARKERS IN PATIENTS WITH T2D AND CKD - A PRESPECIFIED FIDELITY BIOMARKER SUBSTUDY**

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# DISCLOSURES

**Mario Berger, Katja Rohwedder, Frank Kramer, Karen Paraschin, Laura Goea, Peter Kolkhof, and Adam Skubala** are employees of Bayer AG, Germany.

**Andrea Scalise** is an employee of Bayer Hispania SL.

**Sebastian Voss** is an employee of CHRESTOS Concept GmbH & Co. KG, Germany, a contract partner of Bayer.

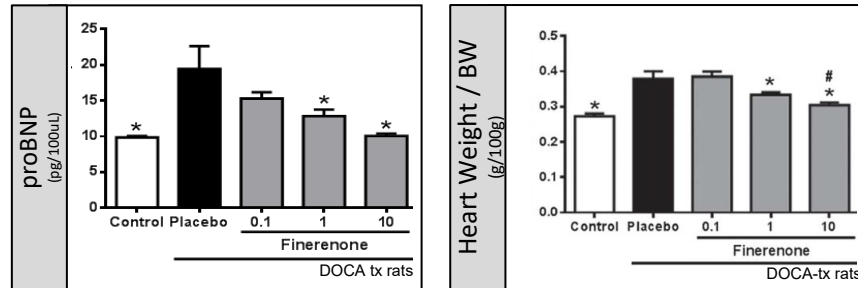
**Faiez Zannad** has received personal fees from Boehringer Ingelheim during the conduct of the study; has received personal fees from Amgen, Applied Therapeutics, AstraZeneca, Bayer, Boston Scientific, Cardior, Cellprothera, Cereno Pharmaceutical, CVRx, Fresenius, Janssen, Merck, Novartis, and Vifor; and is the co-founder of CVCT and Cardiorenal, outside of the submitted work.

**Peter Rossing** has received grants from AstraZeneca, Bayer, and Novo Nordisk A/S, as well as consulting fees from Astellas, AstraZeneca, Bayer, Boehringer Ingelheim, Gilead, Merck, Mundipharma, Novo Nordisk A/S, and Sanofi. All fees to Steno Diabetes Center Copenhagen.

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# RATIONALE

Confirming preclinical findings that finerenone protects heart (and kidney)<sup>1</sup> by measuring biomarkers of cardiac stress and injury in human plasma samples from two phase III studies (FIDELITY analysis)



Adapted from Kolkhof *et al.* 2014<sup>1</sup>

Finerenone reduces **proBNP** plasma levels and cardiac hypertrophy (HW/BW) in a chronic rat model of hyperaldosteronism-induced end-organ damage

*p*<0.05 versus placebo; DOCA, deoxycorticosterone acetate; proBNP, fragment of N-terminal BNP peptide (27-62).

1. Adapted from Kolkhof P, *et al.* *J Cardiovasc Pharmacol* 2014;64:69–78

# FIDELITY IS A LARGE, POOLED PRESPECIFIED DATA ANALYSIS<sup>1</sup> OF FIDELIO-DKD<sup>2</sup> AND FIGARO-DKD<sup>3</sup>



## Key eligibility criteria

- ✓ T2D
- ✓ CKD
- ✓ On single RASI
- ✓ Serum [K<sup>+</sup>] ≤4.8 mmol/l
- ✗ Symptomatic HFrEF (NYHA class II–IV)

GFR (ml/min/1.73 m <sup>2</sup> )	UACR (mg/g)		
	0–29	≥30–299	≥300– ≤5000
≥90			
60–89			
45–59			
30–44			
15–29			

## CV composite

Time to CV death, nonfatal MI, nonfatal stroke, or HHF



## 57% eGFR kidney composite


Time to kidney failure,<sup>#</sup> sustained ≥57% decrease in eGFR from baseline, or kidney-related death



<sup>1</sup>Up-titration of study drug was encouraged from visit 2 provided potassium value was 4.8 mmol/l or less and eGFR was stable; down-titration was allowed any time after treatment initiation for safety reasons; <sup>2</sup>kidney failure defined as initiation of chronic dialysis for ≥90 days or kidney transplantation or sustained eGFR <15 mL/min/1.73 m<sup>2</sup>; CKD, chronic kidney disease; CV, cardiovascular; GFR, glomerular filtration rate; GFR, estimated glomerular filtration rate; HFrEF, heart failure with reduced ejection fraction; HHF, hospitalization for heart failure; [K<sup>+</sup>], potassium concentration; MI, myocardial infarction NYHA, New York Heart Association; od, once daily; R, randomization; RASI, renin-angiotensin system inhibitor; T2D, type 2 diabetes; UACR, urine albumin-to-creatinine ratio  
1. Agarwal R, et al., *Eur Heart J* 2022;43:474–484; 2. Bakris G, et al., *N Eng J Med* 2020;383:2219–2229; 3. Pitt B, et al., *N Eng J Med* 2021;385:2252–2263

# KEY LEARNINGS FROM FIDELITY



Outcome	Finerenone (n = 6519)		Placebo (n = 6507)		Hazard ratio (95% CI)	P-value <sup>a</sup>
	Number of patients with event (%)	Number of patients with event per 100 patient-years	Number of patients with event (%)	Number of patients with event per 100 patient-years		
<b>Composite cardiovascular outcome<sup>b</sup></b>	825 (12.7)	4.34	939 (14.4)	5.01	0.86 (0.78–0.95)	0.0018
Death from cardiovascular causes	322 (4.9)	1.61	364 (5.6)	1.84	0.88 (0.76–1.02)	0.092
Non-fatal myocardial infarction	173 (2.7)	0.88	189 (2.9)	0.97	0.91 (0.74–1.12)	0.36
Non-fatal stroke	198 (3.0)	1.01	198 (3.0)	1.02	0.99 (0.82–1.21)	0.95
Hospitalization for heart failure 	256 (3.9)	1.31	325 (5.0)	1.68	0.78 (0.66–0.92)	0.0030
<b>eGFR 57% composite kidney outcome<sup>c</sup></b>	360 (5.5)	1.96	465 (7.1)	2.55	0.77 (0.67–0.88)	0.0002
Kidney failure	254 (3.9)	1.38	297 (4.6)	1.62	0.84 (0.71–0.99)	0.039
End-stage kidney disease <sup>d</sup>	151 (2.3)	0.76	188 (2.9)	0.96	0.80 (0.64–0.99)	0.040 <sup>e</sup>
Sustained decrease in eGFR to <15 mL/min/1.73 m <sup>2</sup>	195 (3.0)	1.06	237 (3.6)	1.29	0.81 (0.67–0.98)	0.026 <sup>e</sup>
Sustained ≥57% decrease in eGFR from baseline	257 (3.9)	1.40	361 (5.5)	4.03	0.70 (0.60–0.83)	< 0.0001
Renal death	2 (<0.1)	0.01	4 (<0.1)	0.02	0.53 (0.10–2.91)	0.46 <sup>e</sup>

0.5      1.0      2.0

← Favours finerenone      Favours placebo →

**Finerenone reduced the risk of CV morbidity and mortality by 14% (NNT=46)**

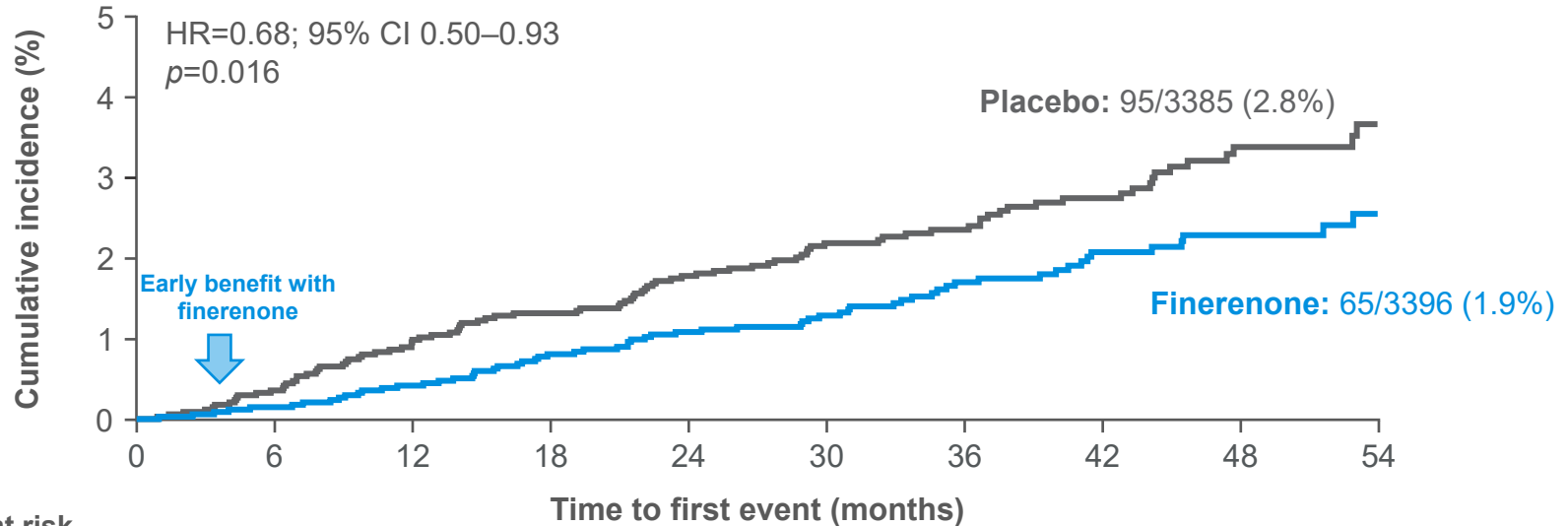
**The CV benefit of finerenone was primarily driven by 22% reduction in HHF**

**Finerenone reduced the risk of CKD progression by 23% (NNT=60)**

Table Adapted from: Agarwal *et al.*, *Eur Heart J*, 2022; 43:474–484

<sup>a</sup>Analyses for P-values not prespecified; <sup>b</sup>the composite of time to first onset of CV death, non-fatal MI, non-fatal stroke, or HHF; <sup>c</sup>the composite of time to first onset kidney failure, sustained ≥57% decrease in eGFR from baseline, or kidney-related death; <sup>d</sup>kidney failure defined as initiation of chronic dialysis for ≥90 days or kidney transplantation or sustained eGFR <15 mL/min/1.73 m<sup>2</sup>; <sup>e</sup>Statistical test where P-values provided are exploratory in nature; therefore, no adjustment for multiplicity was performed; NNT, number needed to treat; PY, patient-years

# FINERENONE SIGNIFICANTLY REDUCED THE RISK OF NEW-ONSET HF BY 32% IN PATIENTS WITHOUT A HISTORY OF HF AT BASELINE



No. at risk										
Finerenone	3396	3367	3323	3274	3195	2710	2168	1705	1091	608
Placebo	3385	3351	3294	3236	3154	2694	2131	1674	1091	606



# FINERENONE HAS A 1A RECOMMENDATION TO PREVENT HF IN PATIENTS WITH CKD AND T2D

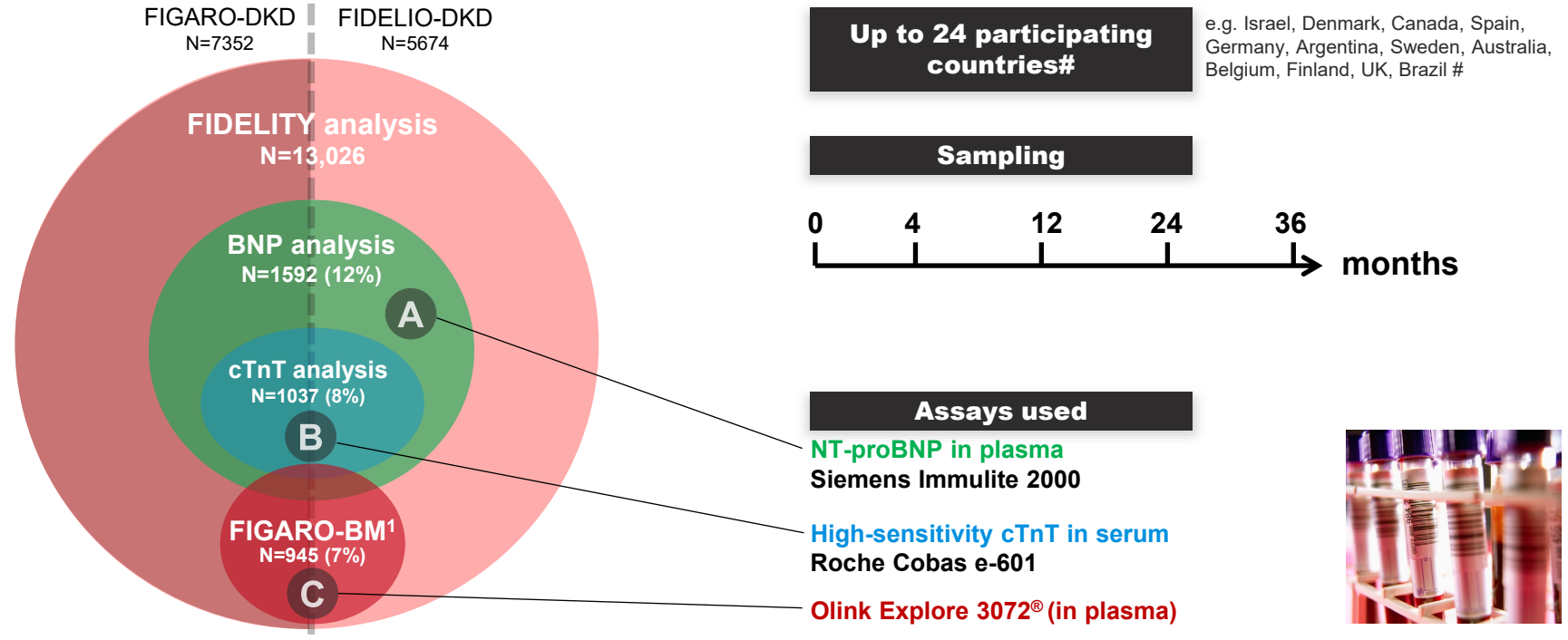
Recommendations	Class*	Level#
In patients with T2DM and CKD, <sup>†</sup> SGLT2 inhibitors (dapagliflozin or empagliflozin) are recommended to reduce the risk of HF hospitalization or CV death.	I	A
In patients with T2DM and CKD, <sup>†</sup> finerenone is recommended to reduce the risk of HF hospitalization.	I	A

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\*Class of recommendation; #level of evidence; <sup>†</sup>CKD was defined as follows: an eGFR 25–75 mL/min/1.73 m<sup>2</sup> and a UACR ≥200–5000 mg/g in DAPA-CKD; an eGFR 20–45 mL/min/1.73 m<sup>2</sup> or an eGFR 45–90 mL/min/1.73 m<sup>2</sup> with a UACR ≥200 mg/g in EMPA-KIDNEY; an eGFR 25–60 mL/min/1.73 m<sup>2</sup>, a UACR 30–300 mg/g, and diabetic retinopathy, or an eGFR 25–75 mL/min/1.73 m<sup>2</sup> and a UACR 300–5000 mg/g, in FIDELIO-DKD; 10 and an eGFR 25–90 mL/min/1.73 m<sup>2</sup> and a UACR 30 to <300 mg/g, or an eGFR >60 mL/min/1.73 m<sup>2</sup> and a UACR 300–5000 mg/g, in FIGARO-DKD  
McDonagh TA, et al., Eur Heart J 2023;44:3627–3639



# COMPOSITION OF COHORTS AND BIOANALYTICS IN BIOMARKER STUDY



BNP/cTnT analysis: patient set in which NT-proBNP or cTnT (high sensitivity cardiac troponin T) was measured;

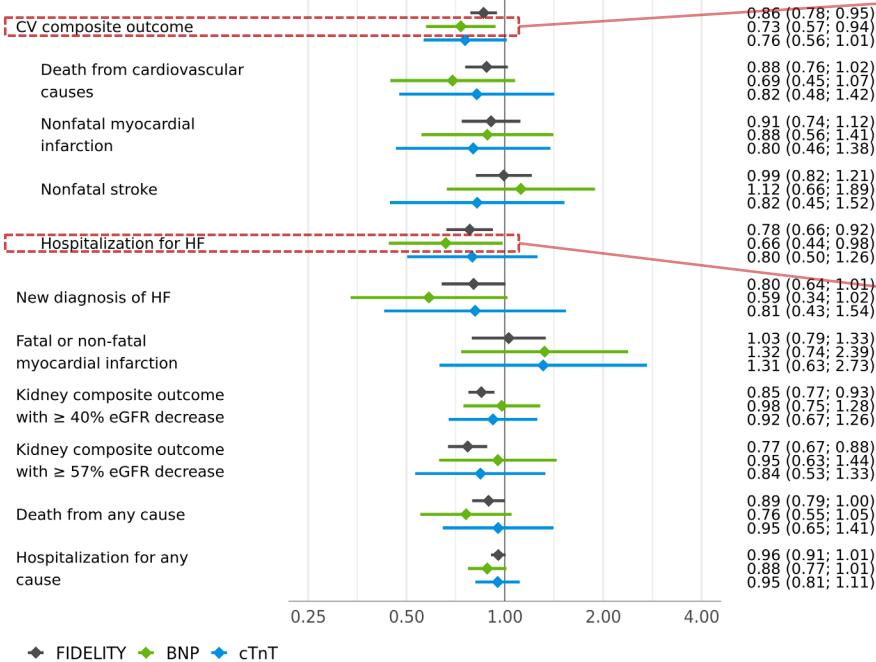
#top countries contributing  $\geq 3.2\%$  patients to BNP analysis

<sup>1</sup> Berger M, et al. *JASN* 2023;34:16 (Supplement [Kidney Week 2023])

# BIOMARKER SUBPOPULATIONS ARE REPRESENTATIVE OF FIDELITY COHORT

## Outcome

## HR Finerenone vs Placebo (95% CI)

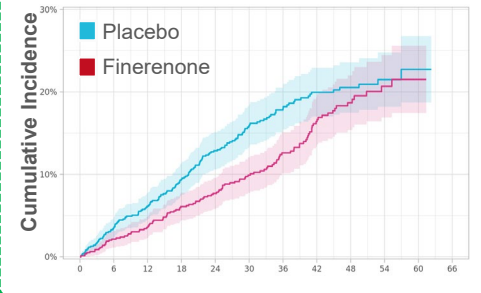


## Number of events (%)

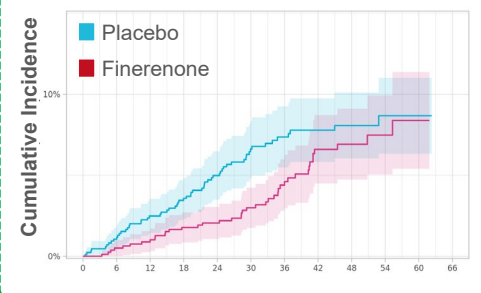
Outcome	Placebo	Finerenone
CV composite outcome	939 (14.4%)	825 (12.7%)
Death from cardiovascular causes	155 (18.2%)	118 (14.9%)
Nonfatal myocardial infarction	106 (19.2%)	85 (16.3%)
Nonfatal stroke	364 (5.6%)	322 (4.9%)
Hospitalization for HF	51 (6.0%)	34 (4.3%)
New diagnosis of HF	29 (5.3%)	24 (4.6%)
Fatal or non-fatal myocardial infarction	189 (2.9%)	173 (2.7%)
Kidney composite outcome with ≥ 40% eGFR decrease	40 (4.7%)	35 (4.4%)
Kidney composite outcome with ≥ 57% eGFR decrease	31 (5.6%)	24 (4.6%)
Death from any cause	198 (3.0%)	198 (3.0%)
Hospitalization for any cause	28 (3.3%)	31 (3.9%)
	23 (4.2%)	20 (3.8%)
	325 (5.0%)	256 (3.9%)
	60 (7.0%)	41 (5.2%)
	42 (7.6%)	34 (6.5%)
	169 (2.8%)	138 (2.3%)
	33 (4.2%)	21 (2.8%)
	21 (4.1%)	18 (3.7%)
	111 (3.0%)	116 (3.1%)
	20 (4.2%)	27 (6.1%)
	13 (4.6%)	17 (6.4%)
	995 (15.3%)	854 (13.1%)
	117 (13.7%)	106 (13.4%)
	89 (16.1%)	79 (15.2%)
	465 (7.1%)	360 (5.5%)
	54 (6.3%)	43 (5.4%)
	44 (8.0%)	34 (6.5%)
	614 (9.4%)	552 (8.5%)
	90 (10.6%)	66 (8.3%)
	54 (9.8%)	50 (9.6%)
	2926 (45.0%)	2836 (43.5%)
	471 (55.2%)	412 (52.0%)
	347 (62.9%)	324 (62.2%)

## A Biomarker subcohort (BNP)

### CV Composite Outcome



### HHF

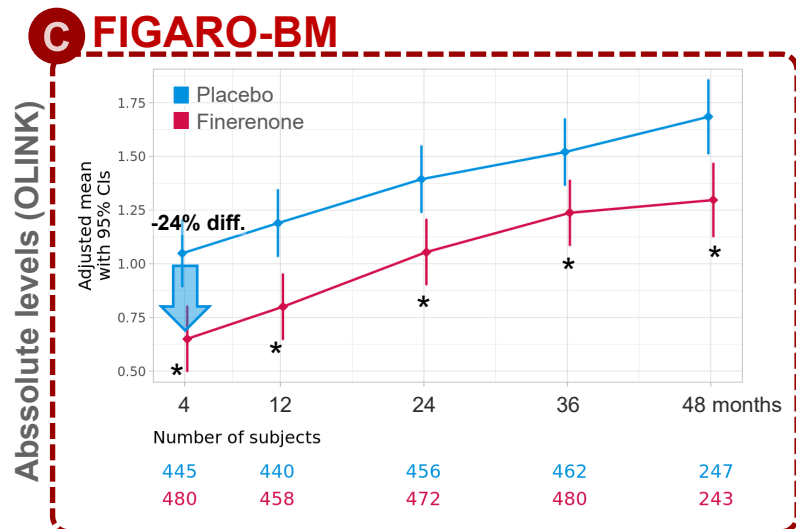
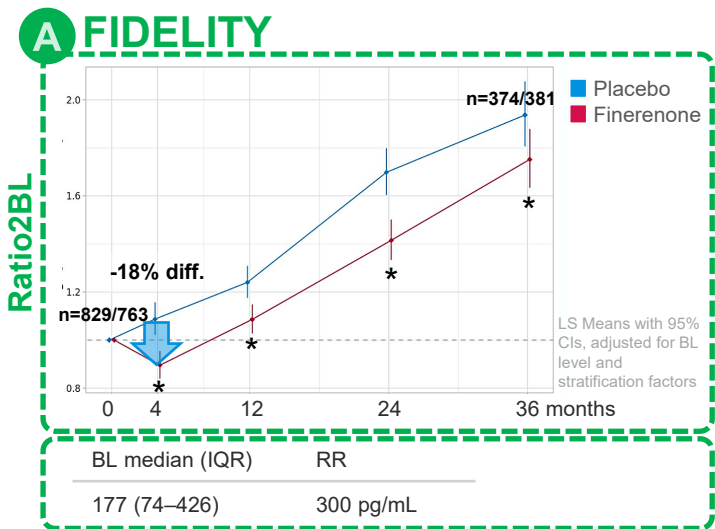


# BASELINE CHARACTERISTICS

Characteristic	FIDELITY	BNP population		cTnT population	
	Total (N=13026)	Finerenone (N=793)	Placebo (N=853)	Finerenone (N=521)	Placebo (N=552)
Age [years], mean ± SD	64.8 ± 9.5	66.4 ± 8.5	66.8 ± 8.8	66.8 ± 8.1	67.3 ± 8.5
Male sex, n (%)	9088 (69.8%)	609 (76.8%)	670 (78.5%)	416 (79.8%)	439 (79.5%)
White race/ethnicity	8869 (68.1)	733 (92.4)	789 (92.5)	495 (95.0)	520 (94.2)
BMI [kg/m <sup>2</sup> ], mean ± SD	31.3 ± 6.0	32.1 ± 5.6	32.1 ± 5.7	32.3 ± 5.4	32.1 ± 5.7
History of CV disease, n (%)	5935 (45.6%)	386 (48.7%)	409 (47.9%)	243 (46.6%)	255 (46.2%)
SBP [mmHg], mean ± SD	136.7 ± 14.2	138.3 ± 15.1	138.2 ± 15.1	137.8 ± 14.6	137.2 ± 15.0
eGFR [mL/min/1.73m <sup>2</sup> ], mean ± SD	57.6 ± 21.7	55.9 ± 20.8	55.4 ± 20.5	53.8 ± 18.9	53.3 ± 18.9
UACR [mg/g]*	515 (198 - 1147)	407 (135 - 975)	440 (134 - 1015)	379 (116 - 925)	347 (106 - 894)
Serum potassium [mmol/L]*	4.3 (4.1 - 4.6)	4.3 (4.1 - 4.6)	4.3 (4.1 - 4.6)	4.3 (4.0 - 4.6)	4.3 (4.1 - 4.6)
Serum sodium [mmol/L]*	139 (137 - 141)	138 (137 - 140)	138 (137 - 140)	138 (137 - 140)	138 (137 - 140)
hsCRP [mg/L]*	2.21 (0.95 - 5.13)	2.36 (1.00 - 5.28)	2.32 (1.08 - 5.20)	2.38 (1.00 - 5.15)	2.32 (1.07 - 5.20)
HbA1C [%]*	7.5 (6.7 - 8.5)	7.5 (6.7 - 8.4)	7.5 (6.8 - 8.4)	7.5 (6.7 - 8.4)	7.5 (6.8 - 8.3)
NT-proBNP [pg/mL]*	-	177 (78 - 422)	177 (72 - 431)	177 (74 - 421)	177 (70 - 429)
(hs) cTnT [pg/mL]*	-	-	-	17.7 (6.5 - 25.0)	19.0 (6.5 - 28.2)

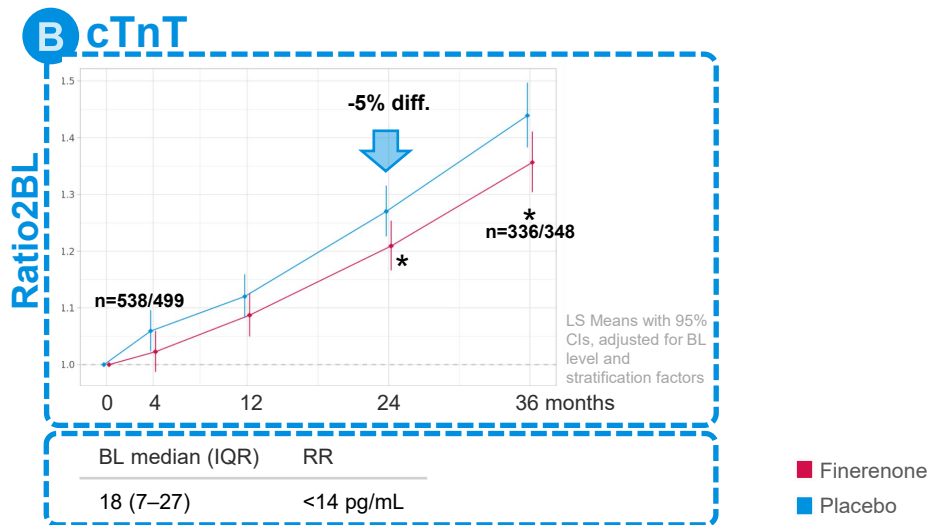
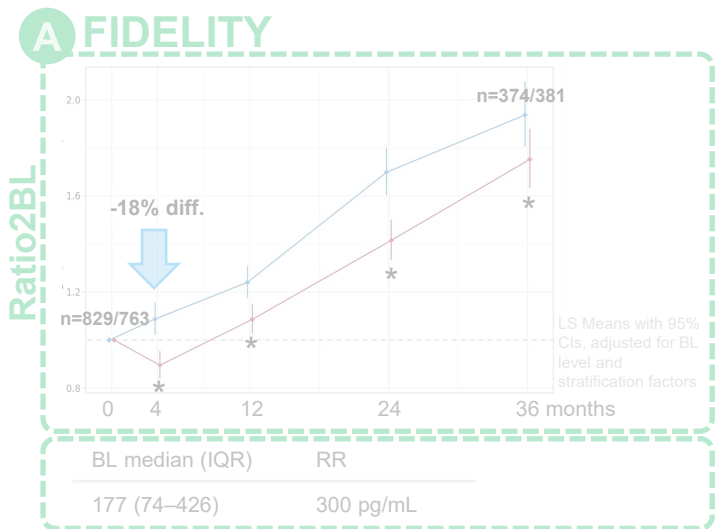
\* Median and IQR; Abbreviations: hsCRP, high sensitivity C-reactive protein; hs cTnT, high sensitivity cardiac troponin T, HbA1c, glycated hemoglobin; IQR, interquartile range; SBP, systolic blood pressure; SD, standard deviation

# NT-PROBNP LEVELS IMPROVE UPON FINERENONE TREATMENT (1/2)



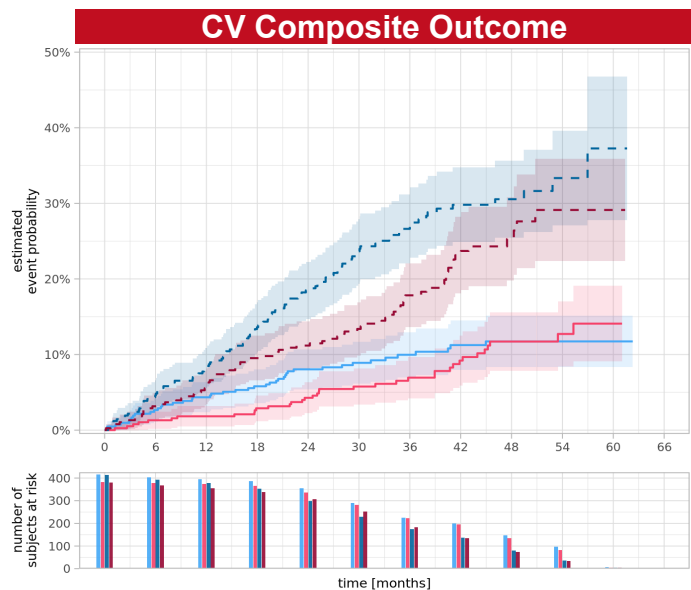
In the FIDELITY subcohort (A), levels of NT-proBNP were reduced by ~18% early and persistently in the finerenone arm (vs placebo). In FIGARO-BM (C), these findings were confirmed!

# CTNT LEVELS IMPROVE UPON FINERENONE TREATMENT (2/2)

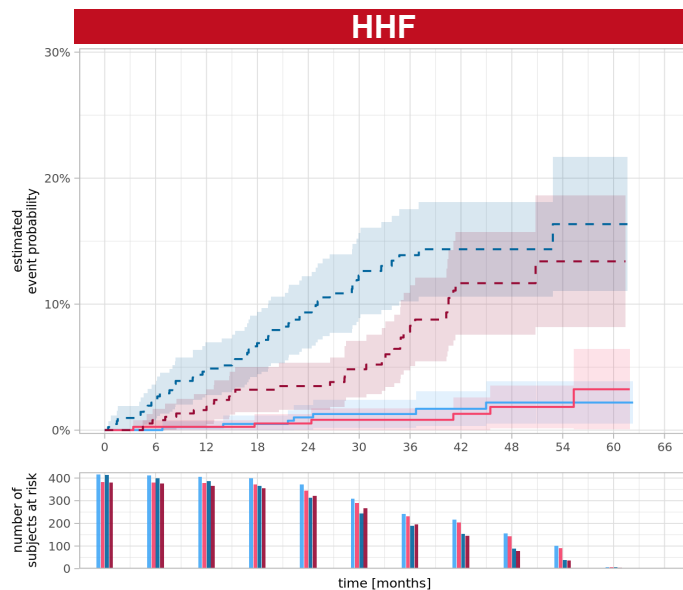


- Significant **reduction** in both cardiac markers of cardiac stress and injury upon finerenone treatment (vs placebo)
- Biomarker findings are **consistent** with overall heart and kidney benefits in phase III studies

# NT-PROBNP AT BASELINE IS PROGNOSTIC FOR CV COMPOSITE AND HOSPITALIZATION FOR HF



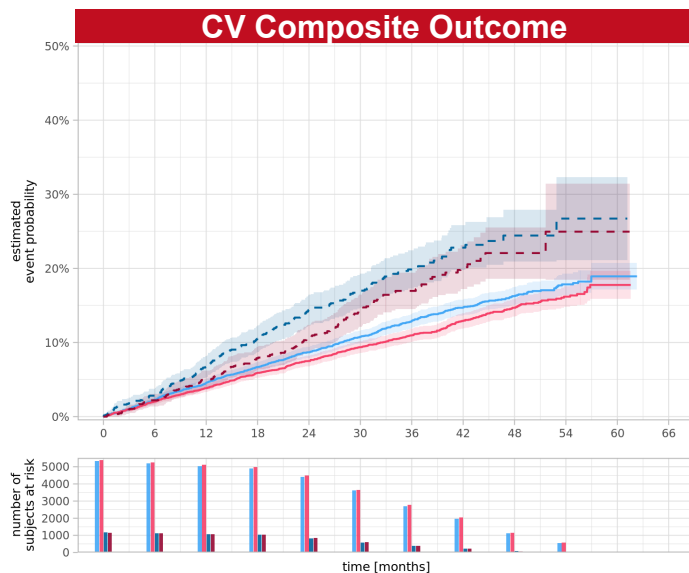
Cox analysis:  
33% risk increase when doubling **NT-proBNP** ( $p < 0.001$ )



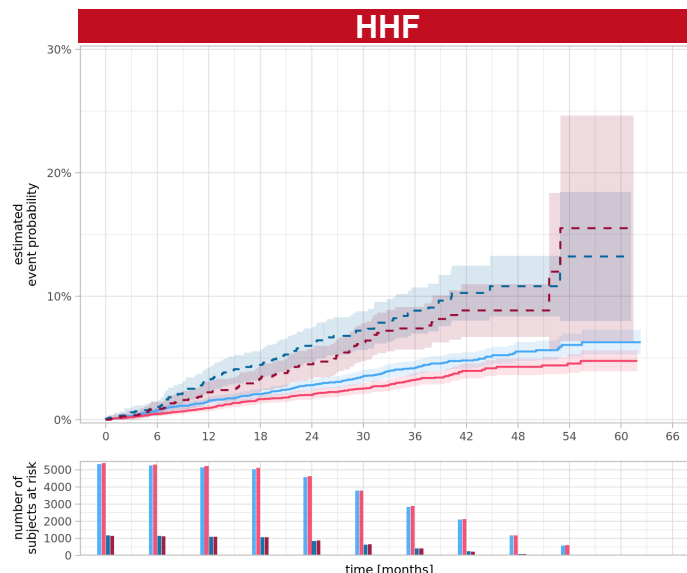
Cox analysis:  
68% risk increase when doubling **NT-proBNP** ( $p < 0.001$ )

- NT-proBNP ≤ 177 pg/mL, Finerone
- - NT-proBNP ≤ 177 pg/mL, Placebo
- NT-proBNP > 177 pg/mL, Finerone
- - NT-proBNP > 177 pg/mL, Placebo

# BASELINE UACR IS PROGNOSTIC FOR CV COMPOSITE AND HOSPITALIZATION FOR HF



Cox analysis:  
**19% risk increase** when doubling **UACR** ( $p < 0.001$ )



Cox analysis:  
**33% risk increase** when doubling **UACR** ( $p < 0.001$ )

- UACR ≤ 1500 mg/g, Placebo
- UACR ≤ 1500 mg/g, BAY 94-8862
- - - UACR > 1500 mg/g, Placebo
- - - UACR > 1500 mg/g, BAY 94-8862
- Finerenone
- Placebo

# TAKE-HOME MESSAGES

- Finerenone led to **an early and persisting reduction in NT-proBNP** plasma levels compared with placebo, on top of maximum tolerated labeled doses of RASi
- Likewise, finerenone **improved (high-sensitivity) cTnT** serum levels significantly after  $\geq 24$  months of treatment
- Our biomarker findings are in line with outcome data from phase III studies showing a **22% risk reduction for HHF (FIDELITY)<sup>1</sup>** and a **32% risk reduction of new-onset HF** in patients without a history of HF at baseline (FIGARO-DKD)<sup>2</sup>
- Altogether, our findings are suggestive of **reduced adverse cardiac remodeling**
- These data further substantiate the **1A recommendation** to use finerenone to prevent HF in patient with CKD and T2D<sup>3</sup>
- Finerenone is currently tested in HF patients, as part of the **MOONRAKER program, which includes more than 15,000 patients** across clinical settings and ejection fractions.



The background features a large, curved, white shape on the left side, set against a solid red background. The white shape is defined by a smooth, curved boundary that starts near the top left and curves downwards and to the right. The text 'THANK YOU' is positioned to the right of this white shape, centered vertically relative to the white area.

**THANK  
YOU**

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